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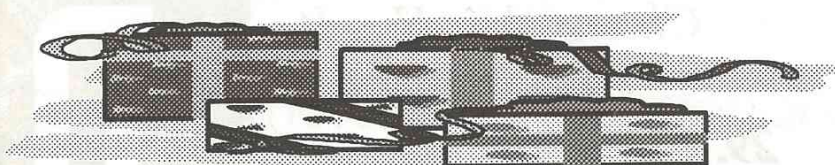
Editorial

Another season finished. Another year gone. So what was achieved through this year? As individuals we can only look back and see for ourselves. As a sporting group we did very well or did we? The Under 19 Women are the current World Champions. The Under 19 Men's are well on their way to becoming a very strong team for next year's series in Japan. The Nationals were well attended and the standard, in both junior and senior ranks, was excellent. Great for everyone in lacrosse. My only question is how many new players started this year? After all without new players the great work this year will be nothing in five or ten years time. To maintain a good standard of lacrosse, locally, nationally and internationally requires the continual development of new players. Without them we do not have a game for the future. "Oh, well we'll look at that next year," I hear you say. Too late! Now is the time to be developing next year's juniors and seniors alike. As an individual you can set yourself a training program and work toward improving yourself in both fitness and in the stick skills area. Take your stick to the beach with a fellow player and, instead of playing cricket, throw a lacrosse or tennis ball around. People will start to ask questions out of curiosity and they may even follow up on the game for more details. It really is amazing how easy it is as an individual to promote the game. As a club, get the senior players to try recruiting juniors and doing work with them. Most of them forget they were juniors once and we need to remind them occasionally. As individual state bodies we need to be advertising the game through any means available. Sure the schools are heading for the holidays but the kids do not disappear throughout this time to re-appear next February. Look at the shopping malls and see how many kids are there. Link up with a sports shop and have them run some videos on lacrosse if they have TVs on site. See if you can leave promotional material with them. Find out what councils are doing with their programs during the school holidays and see if you can work in with them. The list goes on and there are many more ways in which the sport can be promoted.

What's the message? Simple, lets get out there and grow. Grow the number of players, the clubs and the interest. Everyone needs to do it, not that other person that we all look forsomeone else. Do it now.

As this is the last magazine for the year I would like to pass on from everyone involved in the magazine to all our readers the very best wishes for Christmas and the New Year.

Keith Chamberlain
e-mail: kchamber@access.ais.com.au



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Closing Dates for articles : Feb 8, 1996

Opinions expressed in this magazine are made by the author and do not necessarily represent those of the Editorial Staff.

As we progress with the magazine it is encouraging that so many people wish to contribute articles. Whilst we do our best to print all articles preference is usually given to articles that are topical. We do not discard any articles but keep them for future editions. Please note however, articles not submitted on diskette have very little chance of being entered. This is due to the large amount of typing time these articles take. We do not have a large typing pool readily available, so those who send articles on diskette will certainly get preference. What format you say? Pretty well any of the MS-DOS based applications can be catered for but text is probably the safest. If you wish anything returned please ensure you include a self addressed and stamped envelope of the appropriate size. Please also note the cut off dates. These will be adhered to strictly.

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Letters to the Editor

Yet another drawing from our anonymous, young artist! Perhaps we will have to lure him or her out of the closet and start using the drawings to promote lacrosse!!

Congratulations! You have put together an impressive Aussie LAX web page. I am currently working on a page for our local lacrosse association here in Victoria, BC Canada.

Our Victoria Field Lacrosse Assoc. is a unified group combining the mens' women's and youth programs. Many of the Men's national team which played Australia in Manchester are here in Victoria and also a part of our Association

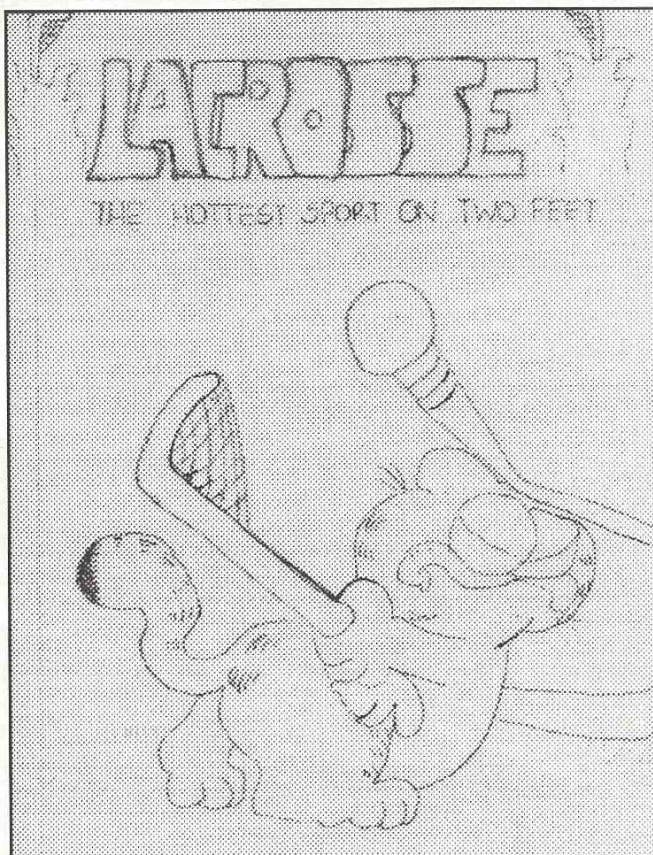
Please consider this an invite to any teams from Aus to come up to Canada and play Field Lax here. (Actually I believe a Melbourne Youth team was here last summer).

Also our women's side will be organizing another tournament for next summer - June, July still to be decided. Tentatively we have the English national side coming, which is really exciting for us. Please pass this info on to a member of the women's sector down under, we would be more than happy to host more international competition.

Kind regards,

Donna Lowe
Designer, Graphics Group
University of Victoria

email:dlowe@sol.uvic.ca
voice: (604)721-8300
fax: (604)721-6598



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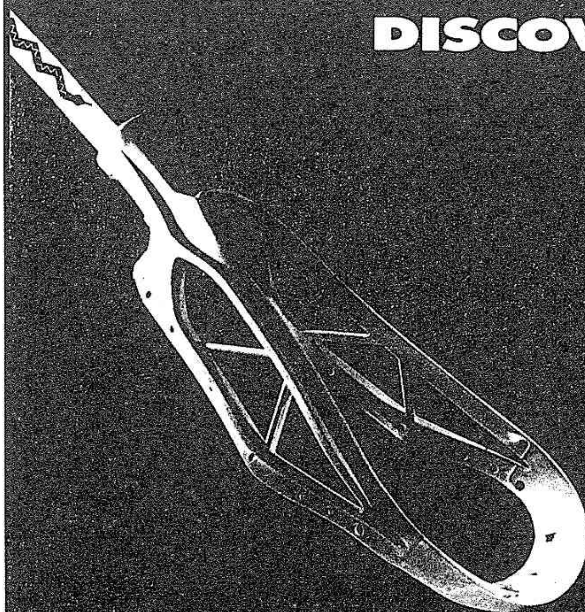
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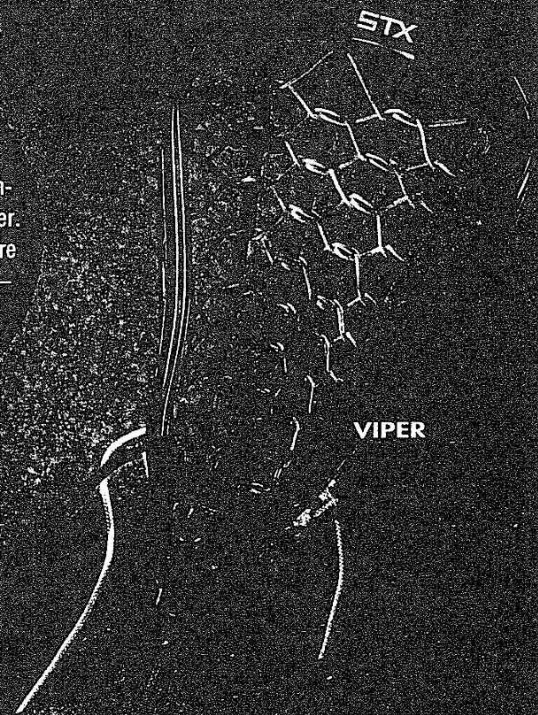


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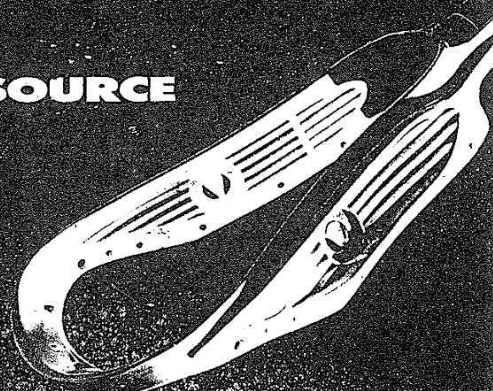


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Norwood, S.A. 5067 (08) 363 1988, Mobile (018) 803 297

STOP PRESS

The Australian Lacrosse Council Board of Directors has given approval in principle to the commencement of the Australian Lacrosse League from October 18, 1996.

The proposed League involves eight teams in two divisions - East (Melbourne 2, Sydney and Brisbane) and West (Adelaide 2 and Perth 2).

The seven week season includes finals with all games played over weekends.

Several options for television cover are being pursued with a new fulltime PAY TV sports network providing an exciting new opportunity for consideration.

Each team will be licensed with team owners potentially being State Associations, Lacrosse Clubs (or groups of clubs), private individuals or companies.

The appointment of a League Manager (either a person or an organisation) is currently being negotiated and more information will be provided as this exciting project develops.

If you, your club or any organisation or person you know may be interested in applying for a licence for a team, you can be included on a mailing list for direct information by simply sending the form (or a copy) below to:

Malcolm Stokes, Director National League, Australian Lacrosse Council, PO Box 162, Wembley WA 6014

✂

Please send information about teams in the Australian Lacrosse League to:

Name of Organisation (if applicable): _____

Name : _____

Address: _____

Telephone: _____

Under 15 NATIONALS

The 1995 Under 15's tournament was again a major success for junior lacrosse, and a great indication of the talent to come through to senior lacrosse in future year. This year the event was held in Melbourne, Victoria in early October.

There is clearly a lot of interest in participating in this age group, with seven teams participating and (very critical) also many followers. This needs to be fostered! For the first time NSW fielded a team for the competition, and without the need for support from other states. There were 7 teams, 3 from Vic, 2 from SA, 1 from WA and the new entry from NSW.

Despite being novices NSW put on a tremendous show all week, with the highlight being a 2 goal win over the Eastern SA team.

Vic's Eastside Kings ended up winning the Tournament (15 goals to 12) over SA's Western Redskins. This was the fourth year in a row the Kings have won.

Apologies for the lack of photos, but your lacrosse photographer was on holidays in New Zealand during the championships.

The Role of Technology in Lacrosse

Carolyn Pickering
carolyn.pickering@regency.tafe.sa.edu.au

How important is the emergence of new technology to Lacrosse? I believe that the development of new technologies, such as the information superhighway or "internet" can play an important role in both communication in lacrosse and in the marketing of our game and events.

There has been much discussion, sometimes heated, about the lack of, or poor condition of, communication between international, national, state and club lacrosse bodies. Many ideas have been suggested to overcome these problems - more meetings, teleconferencing, buying clubs fax machines. Lacrosse SA has recently considered purchasing Fax machines for each of its clubs to aid in the distribution of information. However, this could be an expensive exercise, especially if Lacrosse SA is buying into an already outdated form of communication. I believe that Lacrosse SA should be looking into ways to ensure that clubs have access to computers and fax/modems. Not only will this assist clubs to communicate, but will assist them to keep records and produce newsletters etc for their players. Many clubs would already have individual's using computers anyway. It would only be a natural progression to install a fax/modem, instead of a separate fax machine. Once installed the communication options open up a whole new world of possibilities.

There has been much hype regarding the Internet, but there is no hype regarding probably the most useful part of it - electronic mail. In recent weeks I have been corresponding regularly with US colleges and players via e-mail. As time has gone on, I have discovered how much communication and useful, healthy discussion occurs via this platform. I have also discovered that there are a number of other Australians doing the same thing. Some examples of the types of information is share is outlined below:

Lacrosse Discussion List- at last count there were 165 users subscribed to the Lacrosse Discussion List which can be found at Syracuse University: LISTSERV@LISTSERV.SYR.EDU

Some of the People on the list are:

ccooper@CELLO.GINA.CALSTATE.EDU

Rod.Greenhalgh@CMC.COM.AU

aarora@ENGIN.UMICH.EDU

vjelinek@ETBA.EUROTTEL.SK

JAMES.EA@GAIN.MERCER.PEACHNET.EDU

URICKD@GUNET.GEORGETOWN.EDU

ElizabethG.WFS-Tulsa@GW.TWC.COM

msory@KNOX.EDU

ATH46@MSU.EDU

IZZY1JA@MVS.OAC.UCLA.EDU

UCLA Women's Lacrosse team

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ev00rams@UCSBUXA.UCSB.EDU

Lacrosse.Club.MList@UMICH.EDU

ericksk@WDNI.COM

pballard@radlogic.com.au

COLLEGIATE CLUB E-MAIL ADDRESSES

Laxrefds@AOL.COM

Dave White in California has been trying to establish a e-mail directory for Lacrosse. An effort is under way to assemble an e-mail Directory of Men's and Women's Collegiate Lacrosse Clubs. If a club registers in the directory, they'll receive a complete directory via electronic mail with updates on a timely basis. Once the directory is up and running, an electronic newsletter is planned.

Clubs can register more than one e-mail address and are encouraged to do so. To register a collegiate club, please send the following information to the coordinator:

FULL NAME OF INSTITUTION

STATE OR PROVINCE

E-MAIL ADDRESS(ES)

CONTACT NAME(S) [One Name per Address]

M(en's) or W(omen's)

The coordinator's E-Mail Address is:

laxrefds@aol.com

There are also many information and rules discussions happening right now.

Apart from e-mail, there are also a number of World Wide Web sights, including one organised by Keith Chamberlain, the editor of this magazine. These sights can be view with a graphical browser such as Netscape. There are other sights at:

<http://tol.net/lacrosse/>

<http://www.fandm.edu/centennialconference/lacrosse/mainmenu>

Computer users wishing to view these site would need at least a baud rate of 14400. (28800 is better though - Ed)

Of course the one factor which may deter clubs and associations from looking into this type of communication method is the initial cost of the equipment and also the technophobia which new users may have when changing to this system. The current costs for traditional communication methods such as postal mail and telephone costs for clubs and associations would be incredibly high. While there would be the initial costs of equipment and the setting up of internet accounts (which Lacrosse Australia could get at a good price I would imagine if all clubs etc joined), clubs, associations etc could then correspond at the price of a single phone call - they could read their e-mail and reply in minutes and keep electronic records of what they sent, when they sent it and by whom. I would be very interested in hearing from anyone who may have experience in doing a cost-benefit analysis of how this idea could save money for all involved in the long term. I believe that over 2 -3 years this system would start to pay for itself and save clubs, individuals and associations a lot of money. These savings could help clubs etc put more money into the developmental sides of lacrosse.

Don't forget the Australian Lacrosse Page at

<http://www.ais.com.au/lax/lax.html>

There are links to all over the world there including Luke Oswalds page for Woodville Lacrosse, and the sites mentioned in this article - ED

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Fax: (03) 9887 2756 WWW: <http://www.ais.com.au>

Lacrosse Home Page: <http://www.ais.com.au/lax/lax.html>

Readers will have noted in our last magazine that the Editorial was centred around a discussion on the Internet. Well we are going to pursue that discussion again as it is an opportunity for this game that has never been presented to us before.

By now all our Victorian readers would have heard the extensive advertising on the radio in particular relating to all Victorian Primary and Secondary schools being connected to the Internet by 1996. Take a moment to think what that means. Hundreds of thousands of kids capable of reading anything that we want to feed them on lacrosse. Details of inter-school games, plenty of photos, stories, contacts between schools, can all be made available to them.

The options are endless. The children will explore what is interesting. If in the future we can then add video and sound clips we will have a huge audience. And we can monitor the number of times that our Home Pages are "hit".

Internet

Update

states etc

You can assume that the other states will not be far behind, that is if they have not already got themselves connected.

For those innovative souls out there, you should be thinking of getting the necessary access, and then creating a Home Page for your club or association. The sooner you do it the quicker you can talk to your YOUNG players. Imagine young Johnny when he brags to his schoolmates that his name/photo is included on his club's Home Page after last Saturday's games. Its like having your own newspaper, and everyone can read it.

Keith Chamberlain's article discussed the number of contacts that he has had from overseas already. We frequently talk via electronic mail to Australian Team member Gordon Purdie who is living in New York these days. We call it Internet Interviews. And once you are a subscriber to an Internet Service Provider's system, it only costs you the price of a local phone call to do all the emailing you want.

So get a move on or you will be killed in the rush. If you want advice or would like more information, just contact the Editorial Staff of the magazine. They would be only too happy to help.

Start Surfing the Net

The complexity of the current lacrosse rules is well known and normally highlighted by:

- Where did he get that one from (howls of protest from spectators when a particularly obscure rule is applied)
- Mid-field conferences by referees to make sure that an interpretation is agreed upon (players have been known to want to participate in these conferences on occasions!!)
- Constant debate in refereeing circles about how rules ought to be interpreted
- The changing of rules by national or international representative bodies with the result frequently being confusion resulting from a failure to cross reference the rule change to other rules,
- The 'bush lawyers' love the challenge of interpreting rules while others often treat the rules as a manifesto supporting an 'administrative' hegemony.

OK we all contribute in different ways and this is appropriately so, perhaps as a unifying strategy we need to look at lacrosse from a spectator's point of view and from the perspective of recruiting new players.

I believe that it may be time to have a look at the rules and simplify them. If I were the Chief Rules Guru, how would I do this?

Broadly I would divide the rule into two sections:

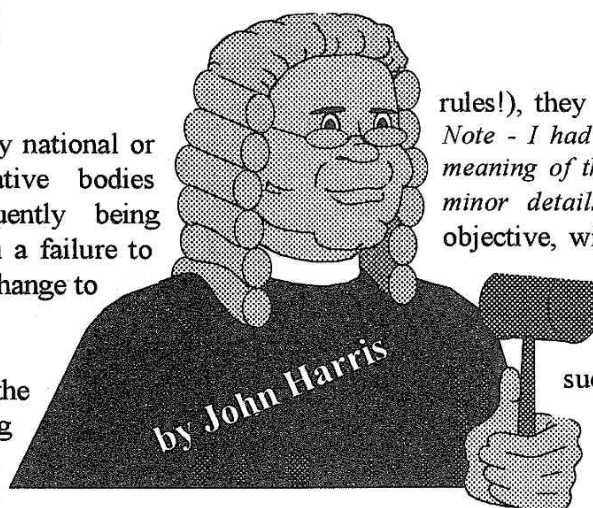
- Critical and non critical (strategic / non strategic, on field / off field),
- Non critical rules would largely become a code of ethics, with penalties for repeated non-compliance rather than error of judgement. They would be noncritical in nature, usually focussed on off field events and definitely non strategic.

Strategic rules would be brief, unequivocal, and usually related to on field events.

I would do away with large sections of the rule book and look to rules which promoted the spectator perspective.

Refinement of the rules for juniors would reflect the senior rules simplification (as an observation, the rules for juniors are probably in better shape than those for seniors).

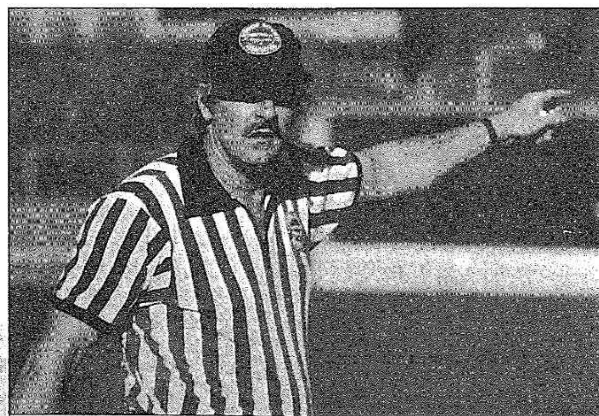
LACROSSE RULES THE O.J.SIMPSON LEGAL BATTLE REVISITED?



rules!), they will find that the minutiae [Editor's Note - I had to look up my dictionary to find the meaning of this word - it means precise, trivial or minor details] of refereeing have become the objective, with games relegated to the role of a vehicle for philosophizing about the legalities of the rules. It's not uncommon to have introductions to such manuals invoking mythical god-like images; consistent with the Indian origins of the game perhaps but a bit 'suss' in the twentieth century.

What I hope to have provided is a framework for further discussion where at present there is no common wisdom. In future editions of The Lacrosse Player I will try to outline in detail how I think the rule book should be rewritten.

In the meantime I would be interested to discuss some views with a range of lacrosse enthusiasts.



John Harris

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1998 AUSTRALIAN TEAM - NEWS UPDATE:

Progress report from the Executive Director of the
1998 Australian Team, Allan Frederick

ASSISTANT COACHES

Following the advertising of vacancies for various Management, Assistant Coaches and Support Positions this magazine serves as a positive method for officially announcing these appointments, especially during the "Off-Season".

Head Coach John Denic, has been joined by the following Assistant Coaches, to prepare Australia's talented Lacrosse players to challenge USA for the World Championship in three years time.

Ken Nicholls of Victoria, Tony Hill of South Australia and Chris Hockey from Western Australia were chosen following interviews of 9 candidates conducted in the past few months.

MANAGEMENT

From a management point, the decision to select one team manager from each of the three larger lacrosse states has seen the appointment of Garry Mortimer in South Australia, Norm Coleman in Victoria, Craig Wilson in Western Australia. Craig was a referee in the World Series in Manchester, 1994. Once again 6 applicants were interviewed for the three positions. A Merchandise Sales Co-ordinator has been selected also but not yet advised.

VACANCIES

A vacancy still exists for the position of

- PHYSIOTHERAPIST/CHIROPRACTOR
- SUPPORTERS CO-ORDINATOR.

As indicated in the July issue of the Lacrosse Player, these positions are for 3 years covering the Australian and overseas program of the Australian team. Interested persons should contact the Executive Director for further information.

PROGRESS-

1996 U. S. A. TOUR AND BEYOND

Applications were called from participants in the 1995 Nationals in Melbourne, for players interested in participating in a "Development Team" tour of the USA in April 1996. The purpose of this tour is to allow some of the younger talent, and other players yet to have exposure to the International lacrosse, also to experience the demands placed on them by the coaching staff, the rigors of touring and the intensity of 12 games in 16 to 18 days. Games on Astroturf, under lights, as will occur in 1998 at the World Championships, are being sought as a priority.

A total of 54 applications were received and following an interim process, the numbers was reduced to a squad of 40. A final team of 26 players was selected following discussions between the newly appointed assistant coaching team, with

Head coach John Denic. The team is listed on the opposite page. The team will spend approximately 10 days on Long Island New York and 10 days in Baltimore. Various USA club and Colleges have been approached and a number of games confirmed in New York. It is planned to play against the top 3 clubs in the area - Hofstra / Long Island Lacrosse Club, New York Lacrosse Club, Tobay Lacrosse Club, and the 2 top Universities - Hofstra University and Adelphi University. Whilst in New York the team will travel to Princeton to participate in a game against the Division 1 Princeton University team in their brand new, state of the art artificial turf complex under lights.

When in Baltimore, games against Chesapeake L.C., Mt. Washington L.C. and Maryland L.C. are being discussed, with another few expected against some of the Div. 1 Colleges & Universities,

CHAMPIONSHIP TEAM

A brief program for the remainder of the teams preparation activities are.

- Squad selection following the 1996 National Titles in Perth
- Squad weekend training camps, 1 in 1996 & 1 in 1997.
- Squad participating in 1997 National Titles in South Australia for their prospective State teams.
- 1998 Team selection trials, weekend late 1997.
- Announcement of World Championship Team November 1997.
- Team training camp early 1998.
- Team participating in 1998 Australian Championship in Victoria.
- Team participating in 1998 World Championships in USA

SUMMARY

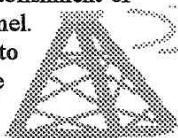
The potential to become World Champions for the first time is now before us. This team has the time, the interest from the Lacrosse public, the support from the Australian Sports Commission and a new breed of players resulting from the hard selection decisions taken for the 1994 team. Add to it the number of quality youngsters, coach & management personnel available to build on this foundation. Australia cannot be satisfied with 2nd place.

Pressure on players to perform consistently and with intensity at a high level will see the most exciting team selection. All these features expect to culminate in a successful venture.

For further information relating to the contents of this report ,

Allan can be contacted on
08-2385061 (BH), 08-3569088 (AH)
Fax 08-2385001.

The Confederation of Australian Sport (CAS) with which the Australian Lacrosse Council is affiliated, has been instrumental in the establishment of a new Pay TV sports channel. This channel is proposed to provide a 24 hour service covering a wide range of sports programmes from both domestic and international sources. It would be of considerable assistance to the organisers of the Australian Lacrosse League to



Cable TV Your Subscription

have an indication of the support that a Pay TV sports channel, broadcasting lacrosse programmes, would receive from lacrosse fans. Please assist in this process by returning the slip below to :

Malcolm Stokes, Director
National League, Australian Lacrosse Council,
PO Box 162, Wembley WA 6014

PAY TV - SPORTS CHANNEL

Tick only one box

- ☐ YES I would subscribe to a Pay TV Sports Channel which includes lacrosse Programmes
- ☐ NO I would not subscribe to a Pay TV Sports Channel which includes lacrosse

Optional

Name: _____

Address: _____

_____ Telephone: _____

Note: *If you do not wish to mutilate your copy of "The Lacrosse Player" by cutting out this form, just take a copy or write the required information on a sheet of paper and send it in.*

1996 Australian Lacrosse Touring Development Team

The following is the makup of the Australian Touring Team for 1996. This team is part of the 1998 Challenge for the World Series.

April 7 - 30, 1996

- Vist Long Island, NY - play 6 games in 7 days
- Visit Baltimore, Maryland - expect to play 4/5 games
- Average age is 24 years
- Team expects to pick up 1/2 Australian Players already in college in the USA
- Coaches are looking for new players to plan the team for the next World Championships in the USA 1998

Players

Andrew Stewart	VIC	Goalkeeper
Scott Garnsworthy	VIC	Goalkeeper
Evan Matthews	WA	Defence
Michael Wann	WA	Defence
Robert Lawson	SA	Defence
Michael Shiedow	SA	Defence
Brad Skepper	VIC	Defence
Sean Slattery	VIC	Defence
Cardin Flaherty	VIC	Defence
Matthew Elliot	SA	Defence
Sean Kelly	WA	Face Off

Darren Nicholas	VIC	Face Off
Jarrod Klemm	VIC	Face Off
David Whiteman	WA	Midfield/Attack
Robin Cornish	WA	Midfield/Attack
Scot Griffin	WA	Midfield/Attack
Aaron Stubbs	WA	Midfield/Attack
John Brewer	WA	Midfield/Attack
James Inge	SA	Midfield/Attack
James Buchanan	VIC	Midfield/Attack
Suthy Thoeun	VIC	Midfield/Attack
Christopher Brown	VIC	Midfield/Attack
David Spreadborough	VIC	Midfield/Attack
Cameron Toomey	VIC	Midfield/Attack
Paul Cook	VIC	Midfield/Attack
Adrian Skepper	VIC	Midfield/Attack

Coaching and Management Staff

John Denic - Head Coach	WA	Tony Hill - Asst Coach	SA
Ken Nichols - Asst Coach	VIC	Chris Hockey - Asst Coach	WA
Gary Mortimer - Manager	SA	Norm Coleman - Manager	VIC
Craig Wilson - Manager	WA		
Alternates - all from Victoria			
Scott Barr-Kemp	Defence	Ben Flemming	Defence
Greg Moore	Defence	Greg Moore	Defence
Bret Barty	Attack/Mid	Damien Orr	Att/Mid
Mark Jackson	Attack/Mid	Travis Gathercole	Att/Mid

Five lacrosse teams participated in the **VICHEALTH 5th AUSTRALIAN MASTERS GAMES** held in Melbourne from 5th to 14th October. Lacrosse was one of 53 sports represented at the Games. The lacrosse event was a huge success, and all involved were sure this will be the forerunner to better and bigger things in the future. This was the biggest Australian Masters in history with more than 10, 700 competitors.

LACROSSE IN 1995 AUSTRALIAN MASTERS

Compiled by
Lloyd Holmes and Sue Cody

Royal Park was the scene. Sunday the 9th October was the first day of battle, and wasn't it a sight! Burning up the field in a blaze of glory, heads saying "go", legs saying "when, where and why? I can, I know I can, I used to!"

The stick skills hadn't changed, though the speed may have toned down just a little! Bob Russell and Tom Finnigan (both in their 70's) were still scaring the younger players, well some of them anyway.

Some came a fair way to get action. ALC Director Malcolm Stokes came from Western Australia, and 60's

and 70's star Rod Cordell made a special trip from Bali to participate. Rod hasn't been around for 10 years or so in Melbourne so it was a special time for him.

Opening Ceremony featured the stars

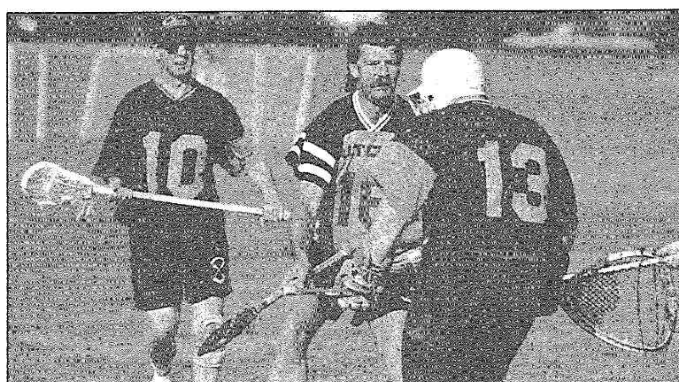
The opening ceremony was a colourful affair. Graeme "Grinner" Fox, a veteran of four World Series Lacrosse Championships and well known for his high level achievement on the field, was the flag bearer for lacrosse in the Saturday night march through town.

The opening ceremony also featured another star, well known singer Lisa Edwards, who sang the National Anthem and Masters theme song on the steps of Parliament House. Lisa, as many will know, is a former Victorian and Australian squad member, and is currently playing at Melbourne's Malvern Lacrosse Club. She is a regular singer in the John Farnham Group, has sung at an AFL Grand Final and many other notable venues, and has produced the album "Thru the Hoop".

Young (well relatively) and old(er) all participated side by side.



WA's representative and ALC Director Malcolm Stokes has a shot on goal but Chadstone's goalie Bruce Freeman hadn't lost his touch, and Malcom wasn't able to score.



Altona's Shane Hanniver shoots past Chadstone's Bruce Freeman. VLA President Ian Whitbourn is unable to do much about it.

It was also pleasing to see the number of female athletes who joined in the action. The "Kendell Cradle" was still brilliant to watch, with "Wattie" being the first female to score a goal.



Chadstone's Rob Bakes pounds towards goal with Altona's Di Smith hard on his tail. Both men and women participated in the Masters

Muscles, Groins, Hamstrings and Calves get a Test

The first day took its toll, and it was fortunate there was a rest day on the Monday, particularly for those who had two rounds on the first day. Even before the competition Richard Cugley injured himself, and Ed Stevens stretched too far in his warm up and wasn't able to join in the action. Everyone was sorry to see Ted Burton pull a groin in the first quarter. Ted, a committed lacrosseur, played very high standard games during the week, and had a great influence on Chadstone's success.

It was great to see the level of fitness in general that most had. Although many would have been sore with the competition, it may well have given them the incentive to continue to keep fit and be really ready for the next Masters in Canberra in 1997. It was also pleasing to see that participants really had not lost their style. It may have slowed a bit, but it was still there.

Competition Strong

Five teams competed - Altona, Williamstown, Chadstone, Surrey Park and Malvern. After a week of fine competition the finalists were Williamstown and Chadstone for Gold and Silver and Surrey and Malvern for Bronze.

It was clear that many had not lost their competitive streak, however in the main this was kept well under control, and back patting of the opposition after a good piece of play was the order of the day.

In the battle for Bronze, Surrey narrowly came home to defeat Malvern by one goal. Strong attacking play by Russell Waite, who has not lost his style, had a strong influence on the day, but it was anyone's game right to the end. Malvern's husband

and wife duo David and Rita Joy would probably have been a unique "history book" combination.

Williamstown Wins Gold in Thrilling "Time On"

As if the Chadstone and Williamstown players had not had enough play during the week, the scores were tied at the end of the fourth quarter, and "time-on" had to be played to determine the winner. It was thrilling right to the last whistle, but in the end it was Williamstown who took out the flag by one goal at the end the two 5 minute periods of "time-on" play.



The 1995 Lacrosse Masters Winners, Williamstown:

*Rear: B.Smith, M Garnsworthy, R O 'Keefe (behind),
K Read, R Cordell, E Toomey, P Morley,
G Garnsworthy,
A Inlis, G Roberts, S Stewart, P Pearson, M Orr
Front: A Rolley, I Fraser, P Flannigan, A Smith,
J Sedgway*

Some statistics

Williamstown - 7 Goal Scorers including

Peter Morley (3 goals, 6 assists)
Rod Cordell (5 goals, 4 penalties)
Brian Smith (6 goals, 7 assists)

Chadstone - 9 Goal Scorers including

Ross Freeman (12 goals, 1 assist)
Brent Matthews (3 goals)
Ron Lowe (2 goals).

Who Won?

The Verdict Everybody!! As the publicity material noted, "Participation is its own reward", and so it was. The fellowship and fulfilment that goes hand-in-hand

with this kind of event was a delight to witness.

Thanks

At the end of the week Sue Cody, whose hard work had a major influence on the success of the week, concluded (as did all those present) that everyone had a great time! Although tired, sore and cold, all were happy to have participated. Special thanks were expressed to all those who had worked hard to make the event a success, and particularly to Glenn Otter, the Master's Lacrosse Co-ordinator.



*The 1995 Lacrosse Masters Participants
(minus Paul Clough who got married on the final day of the competition!)*

When Rob Reiger resigned as Director of Media, Marketing and Promotions for the Australian Lacrosse Council the ALC Articles of Association provided for the Association which nominated Rob to nominate a replacement Director.

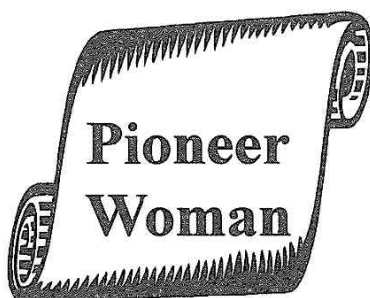
The WALA nominated Mavis Owens who became the first woman elected as a Director of the ALC when the nomination was accepted by the ALC Board of Directors. Mavis has a strong family pedigree in sport and boasts a

string of accomplishments which could be difficult to match for anyone of any gender.

Husband Rob represented Western Australia in the Australian Lacrosse Championships of 1954 and 1955. Son Peter played Australian League Football for Claremont and Western Australia while daughter Jenny represented Western Australia at hockey and Australia at cricket. Mavis was Captain/Coach of various netball teams at local and State levels within the Churches of Christ competition and her people skills have been widely used in the following areas:

Women's Cricket:

- Manager Australian Under 25
- Manager Western Australia
- WA delegate to Australian Women's Cricket Council



- Honorary Development Officer WA Women's Cricket Association
- Vice President Subiaco Women's Cricket Club.

Lacrosse:

- Manager 1991 Australian Under 19 Team
- Manager 1989 ALC Under 15 Team
- Executive Assistant 1994 Australian Team
- Executive Officer 1990 World Lacrosse Championships.

Committees:

- Western Australian Sports Council - appointed by Minister for Sport and Recreation
- Women in Sport Advisory Council - appointed by Minister for Sport and Recreation
- Women's Sport Foundation - Trustee
- Chairman of Participation Committee
- Australian Society of Sport Administrators - WA Committee Member
- WA Coaching Foundation - Year of the Coach Advisory Committee.

Mavis is employed as a professional sport administrator as Manager of the Multi Sports Secretariat which provides administrative support for four different State Sport organizations - Lacrosse (Men), Lacrosse (Women), Underwater Federation, Amateur Canoe Association. As can be seen, Mavis brings a wealth of experience to her portfolio on the ALC Board and is a welcome addition.

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Tassie Lacrosse Boost

Exactly 100 years after lacrosse started in Tasmania, there's a bunch of new teams in Hobart.

Acton, Lauderdale, Derwent, Bellerive, Rokeby, Clarence and Collegiate - they may not be familiar lacrosse names yet, but watch this space!!!

It's all part of a new 12 team under 13, junior competition which started in Hobart on the 23rd September, and will culminate with finals on the 9th December. The program is being run on Saturday mornings at the Clarence High School

A total of 130 players rushed to enrol in the competition when a recruiting program was conducted in Eastern Shore schools during the week prior to starting date. The program was co-ordinated by TALA Vice President, Jaqui Lawless, and conducted by ALC President Doug Fox and National Executive Director Matt Duryea with support from 12 junior coaches from the Tasmanian Association.

After a plea for help from ALC and AWLC, the TALA was offered equipment and recruiting assistance provided they could guarantee local people to serve as coaches and organisers. "Everyone in Hobart thought the Program was too ambitious, and wouldn't succeed," explained Jacqui "but we had to do something, because lacrosse had been slipping here". Local apprehension about recruiting juniors turned out to be unfounded. As the recruiting week progressed, and the school visits continued, the numbers of enrolments began to explode. "We were aiming for 40 boys and 40 girls," Jaqui said. "Instead we got

65 of each, and were able to form 6 boys teams and 6 girls teams. Doug and Matthew taught us so much about how to go about recruiting and setting up junior program. Also we had Michelle Thompson from the AWLC down to conduct a level 1 Coaching Accreditation Course for our coaches".

The recruiting success brought with it a problem not having enough equipment. Clarence High School stepped in to help, and loaned the Association 30 extra sticks

When opening day came it was a scene which would have stirred the heart of any lacrosse fan.

The Hobart Mercury reported on the 15th June 1895 that Lacrosse, the National Game of Canada, has lately been introduced to Hobart. Lacrosse is played in a great deal of colonies..... in Victoria alone there are now 10 Clubs..... Mr Murren, of the Electric Tramway Company, is the Hon Secretary of the local Club, and will be glad to give all the instructions he can to anyone who wishes to know more about this splendid game for young men, and will also be glad to receive the names of any persons who may wish to join and play with the Hobart Lacrosse Club.

One hundred and thirty young people, all with new lacrosse sticks, and almost 100 parents and onlookers. Tasmanian Minister for Sport, the Hon Peter Hodgman, launched the games, praised the organisers for their efforts, and posed for a photograph among a sea of lacrosse sticks.

The games were fast and furious, with excitement and enthusiasm more than making up for the players lack of experience. None of the players had more than a few days practice, apart from those who had played some school sof-crosse. Since the opening week the competition has attracted newspaper and good sports television coverage and new youngsters wanting to play.

With 12 Under 13 teams, Tassie now has a junior program to rival other States, all coming from a clear business plan and one intensive week of recruiting. Surely there is a lesson for other States, and for Clubs in this!!

The new Tasmanian League Participants

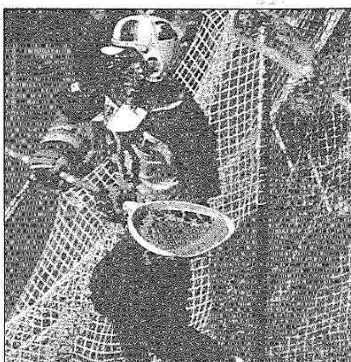


1995 VICTORIAN GRAND FINAL SURREY PARK- VICTORY BY ONE GOAL!!!!

Photos and Article by Lloyd Holmes

In a nailbiting 1995 grandfinal, Surrey Park scraped home by one goal against Malvern at Caulfield Park. After their brilliant 1993 grandfinal recovery from a last quarter eight goal deficit to steal the flag from Williamstown in that year, Surrey Park in 1995 had a chance of being similarly embarrassed by Malvern.

The setting was Caulfield Park, arguably one of the best lacrosse venues in Victoria. The time 2.30 pm on a brilliant sunny Melbourne day, Saturday 15th September. It was anyone's guess as to who would win. Both teams had had their ups and downs throughout the year, with Surrey Park probably being odds-on favourite to win given their strong run home to the finals. Andy Stewart, recovering from his knee reconstruction, had taken over the goalkeeping role from Stewart Allen and was giving Surrey a boost. He was showing great form in that position, and was certainly going to be a match for Malvern's Anthony Bosisto at the other end of the ground.



Surrey's new Goalie Andy Stewart, recovering from knee injuries, turned in a blinder of a game in his first year in goals. He had a major impact on the final result What of the future????

Coaches - Experience vs Rookies

Malvern however had a strong year, and was learning well. Their strong team spirit had certainly contributed to their premiership performance against Williamstown in 1994, and they were adopting a very disciplined approach to this year's final. You put in, or you weren't in. Coaches Brian Bell and Gary Campbell were looking forward to premiership flags two years in a row.

Surrey Park were equally determined! Geoff Robinson and Eric Jenney were rookies though, 1995 being their first year at coaching. Many of those playing for Malvern had come

against a very hard hitting Robinson on the field, and now they faced him in an entirely different role.

Surrey had a hesitant start to the game, Malvern having the



All in a row Surrey's Jim DeCarlo with the ball carefully watched by Malvern's Jeff Campbell and Brad Willmott

majority of possessions in the first quarter, peppering the goal, but unable to capitalise scorewise. At the end of the first quarter Surrey had 6 goals from 12 shots. Malvern was only able to score one goal from 15 shots, Andy Stewart having a field day.



Too quick Surrey's Chris Brown gets the ball past Malvern's Ken Willie (39) and Craig Bell, but no goal from the move.

In the second quarter it was Surrey that gained more possession scoring only 3 goals from 21 shots, whereas Malvern improved their accuracy with four goals from only 12 shots. At the end of the first half Surrey were leading 9 goals to 5. Centres in the first half had gone marginally to Surrey, and although Malvern scored 4 goals to Surrey's 3 in the second half, they were trailing by 4 goals, and needed to show greater power in the third quarter to get back into the game.

The third quarter was not what one would call the most exciting lacrosse spectators had seen in the final series. Surrey took control in the centre in this quarter with Cameron MacLachlan (last years best and fairest winner) winning seven of the eight face-offs. Surrey however were unable to convert the advantage to goals, and the scores were 4 all for that quarter.

Malvern - Strong Defence; Surrey - Accurate Shooting

Malvern's defence was strong and controlled, and Surrey Park's shooting had to be accurate if they were to maintain their lead.

Game lifted in last Quarter

It was not until midway through the last quarter that the crowd really lifted as Malvern clawed its way back to within striking distance of a drawn conclusion to the 4th quarter. Trailing by six goals with only around ten minutes to go, Malvern had lifted.



Concentration on the face of Malvern's Rod Ansell as Surrey's Cameron Toomey (11) cradles the ball away from his area of influence

The crowd were now seeing Malvern with a chance, and wondering if Surrey were to suffer a similar fate to the one which they had inflicted on Williamstown two years earlier. Malvern's revival was spearheaded by the brilliance of Chris Baker, who almost single handedly engineered five goals in a row, and narrowly missed assisting a leveller. Surrey were



Chris Baker wins a centre over Surrey's Cam MacLachlan in the exciting last quarter of the Grand Final - Centre draws were critical to the game.

flagging, and penalties were having their toll! When the final bell was sounded (for the second time!) it was Surrey Park's moment of glory

the 1995 Premiership 16 goals to 15!

Highlight's of the 1995 Grand Final were:

- Andy Stewart's goalie performance
- Chris Baker's centre play in the last quarter
- Malvern's last quarter fightback
- Cam MacLachlan's brilliance in the centre in the first three quarters

This was Surrey Park's 12th Grand Final appearance in the last 16 years. A formidable performance. Their first victory was in 1981 against Malvern where they won 19 goals to 17. They have now been succesful on four occasions - 1981, 1984, 1993 and 1995. Surrey's first Grand Final appearance in State League since their formation in 1948, was back in 1978 against Williamstown.

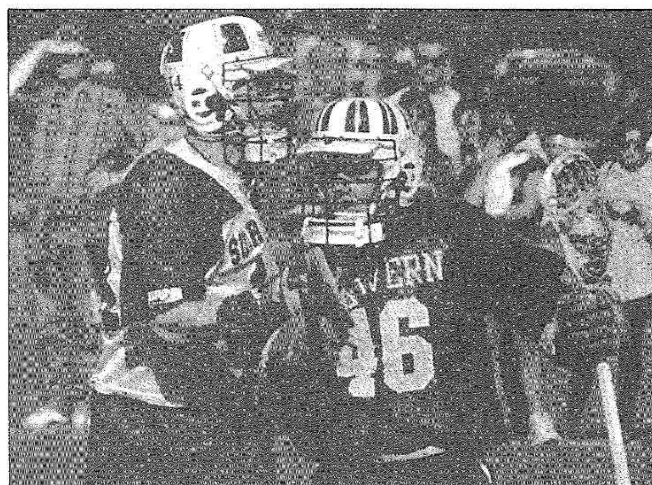
And the goal stats for the game.....

Surrey Park

Chris Brown, Cameron Toomey	4
Andrew Hogg	3
David Spreadborough	2
Ben Waite, Jim De Carlo, Ross Ashdown	1

Malvern

Tim Richmond	5
Glen Meredith	3
Brad Willmott, Paul Cook	2
Daniel Keisler, Shannon Bell, Chris Baker	1



Malvern's Tim Richmond (46) attacking the goal with Surrey's Greg Moore defending

Darren Gibson - 1995 Vic's Best and Fairest

Williamstown's Darren Gibson (22 votes) won the Best and Fairest Trophy in the Victorian State League, narrowly defeating Camberwell's Suthy Theoun (21 votes) and David Spreadborough (18 votes).

Black & Gold Finals All Around

by

Claire Kingston

Yet another women's lacrosse season is over, and the "black and gold" colours seemed to have dominated the finals in both Victoria and South Australia.

For the Victorian club Newport, it was a very successful campaign, taking three out of four finals, whilst Eltham won the "A Reserve" for the second year running.

In South Australia, Glenelg won the double of "A" and "A Reserve", while Southern Districts, who were the only premiership team in both states whose club colours weren't black and gold (yellow), won the "B Grade". The Under 16 final was won by Brighton and guess what, their team colours were gold and black..... Chance or coincidence?

South Australia

U/16	Brighton 16	d	Glenelg 4
B	Southern Districts	d	Adelaide Uni 5
A Res	Glenelg 12	d	West Torrens 11
	(during sudden death)		
League	Glenelg 8	d	College 6

Finals Day in Victoria

The morning started off with the U/16 final between Newport and Eltham/Chadstone with Newport the convincing winners 11 - 2.



Newport's Kelly Sedway takes the centre face-off against Eltham/Chadstone's Katie McMaster in the Under 16 Final.

That game was then followed by the B Grade final between Newport and Eltham. This was to be the closest match of the day going into overtime due to Eltham's great come back. Unfortunately for Eltham they were unable to keep the momentum in the overtime and Newport won 5 - 3.

Next was the A Reserve where Eltham kept the form they had most of the season and defeated Malvern 9 - 3 with a good team game.



Malvern's Kate Alaimo shoots at goal, surrounded by Eltham's Tina Webster (14) and Katie Faulks

Malvern's Kate Alaimo receives her Best and Fairest trophy for A Reserve from VWLA President Jan Jackson



For the final match of the day Newport grabbed the trifecta by winning the A Grade premiership, beating Surrey Park 9 - 2.



Newport's Kerry Tyrell's head rolls back as she gets ready to shoot. Surrey Park's Fiona Graham intent on obstructing the move, and goalie Sue McSolvin waiting.



Newport - 1995 Vic Women's Champions

Rear: E. Matthews, S. Sofarnos, T. Brown, J. Paton, L. Kukucka,
I. Carroll, S. Morlang, V. Orr, M. Barlow

Front: J. Simpson (Coach), K. MacLachlan, S. Williams, C. Smith,
A. Lewer, M. Molison, K. Tyrell



Meredith Carre looks delighted as she responds to receipt of the VWLA A Grade Best and Fairest Trophy

The team game played by Newport on the day made it hard for Surrey to overcome although they still gave it their best shot. Also congratulations to Newport for playing 21 A grade Grand finals in a row, and to Val Orr who amazingly has played in all of those finals. Overall there was some great lacrosse on that day and it allowed a lot of people to do something that is really important, **CELEBRATE!!!!**

Not long time ago in a town called Perth many teams travelled far to fight a long and hard week to hopefully win the grand prize. Yes, you guessed it the U/16 and U/21 Women's Lacrosse Championships.

These championships gave us the largest U/16 competition ever with a great effort from N.S.W. to send its first ever U/16 state team. Victoria sent two teams, and West and South had one team each with remaining players from both states making up the Presidents team. In the U/21's the competition was between Western Australia, South Australia and Victoria. The week started off with the opening ceremony, which was then

of the games were all decided by one goal. It was great to see a competition so tight.

In the U/21s Western Australia and South Australia battled it out for the trophy. The standard of play witnessed during the week was again matched in the Grand

Final, South eventually emerging the victors over the West 7 goals to 5. Although West lost the final they did win the trophy for finishing on top

When We Went West

by Claire Kingston

of the round at the end of the week.

Thanks!!

Finally it was a great week with the grounds in great condition and the competition running smoothly. Thanks to all the helpers, the umpires, the officials and the teams who made it's a great week for Women's Lacrosse. The Victorian U/21 team would like to thank some of their major sponsors:

- Fernwood Female Fitness Centres 47 Synott st Werribee
- Altona Gate Shopping Centre
- Altona North Physiotherapy 233 Millers Rd
- Newport Hotel 1 Mason st Newport
- Sports Medicine Centres of Victoria
- Croydon Clinic 383 Dorset Rd
- Westgate Clinic cnr Doherty's Rd & Grieve Pde, Altona Nth
- Melbourne Water - drink bottles
- Adidas- Team Hats
- Carlton & United Breweries - T Shirts



Waiting at the Centre Draw in the Under 21 Final

followed by the U/16 games and the most exciting game of the day, the U/21 Vic vs South game. It was a good way to start a tough week of competition, with the game going into sudden death. Vic were able to win this game, but it was anyone's game. For the spectator it was great lacrosse to watch. The week progressed with the U/16 Vic and South teams having a good run to the finals. It was a different game for the U/21's. This came down to the wire, the last game determining who would play in the final. In all of the games the largest margin was 2 goals, and that was only in one game. The rest

Victoria's Sharon Cave looks for a shot on goal in the U/21 final



The end of the year has brought, as in all states, winners and losers. The tables below show how all the teams finished up at the end of the 1995 season.

Under 13 Premiership Table

East Fremantle	60	Minor Premiers, Premiers
Wanneroo	43	
Wembley	42	
Bayswater	27	
Subiaco	12	

Best Player T Slattery (East Fremantle)

First Semi Final	Wembley 16	d	Bayswater 3
Second Semi Final	East Fremantle 25	d	Wanneroo 5
Preliminary Final	Wembley 12	d	Wanneroo 5
Grand Final	East Fremantle 12	d	Wembley 5

Under 15 Premiership Table

Bayswater	68	Minor Premiers, Premiers
Wembley	54	
Subiaco	49	
East Fremantle	44	
Wanneroo Gold	41	
Wanneroo Red	18	

Best Player J Miler (Bayswater)

First Semi Final	Subiaco 13	d	East Fremantle 9
Second Semi Final	Bayswater 16	d	Wembley 5
Preliminary Final	Wembley 11	d	Subiaco 10
Grand Final	Bayswater 12	d	Wembley 2

Under 17 Premiership Table

Bayswater	54	Minor Premiers, Premiers
Subiaco	54	
East Fremantle	39	
Wanneroo	23	
Wembley	16	

Best Player J Watson-Galbraith (Subiaco)

First Semi Final	East Fremantle 12	d	Wanneroo 5
Second Semi Final	Subiaco 15	d	Bayswater 10
Preliminary Final	Bayswater 10	d	East Fremantle 7
Grand Final	Bayswater 14	d	Subiaco 12

Senior Division 2 Premiership Table

Subiaco	63	Minor Premiers
Bayswater	59	Premiers
East Fremantle	52	
Phoenix	50	
Wanneroo	30	
Wembley	19	

Best Player S Mettam (Subiaco)

First Semi Final	Phoenix 14	d	E. Fremantle 13
Second Semi Final	Bayswater 10	d	Subiaco 9
Preliminary Final	Subiaco 26	d	Phoenix 7
Grand Final	Bayswater 13	d	Subiaco 8

Senior Division 1 Premiership Table

East Fremantle	48	Minor Premiers
Subiaco	48	Premiers
Phoenix	46	
Bayswater	27	
Wembley	21	

Best Player J Brewer (Phoenix)

First Semi Final	Phoenix 25	d	Bayswater 4
Second Semi Final	East Fremantle 20	d	Subiaco 16
Preliminary Final	Subiaco 21	d	Phoenix 5
Grand Final	Subiaco 19	d	East Fremantle 12

The WALA 1995 Finals were hosted for the first time by the Wanneroo Lacrosse Club at Penistone Reserve, Greenwood. All games were played at the times they were played during

the qualifying rounds, with four lacrosse fields being used. The canteen, ice-cream van and sweet stall accommodated every taste while the beer tent was a popular spot at the end of each day. A different program was produced each day and media coverage was very good with several photo/stories. Spectator support was good and the event ran smoothly over the three days.



BEST PLAYER AWARDS

A successful social evening was organized by the Western Australian members of the Australian Under 19 squad at the Floreat Civic Centre. Awards were presented to the players voted best over the season by referees - winners are listed under "The 1995 Season That Was".

Australian Lacrosse Council medallions were also presented to members of the successful Under 17 and Senior Western Australian teams which won their Australian Championship titles in Melbourne in July.

MASTERS

Where have all the Masters gone?? Two games scheduled to be played during the 1995 finals could not be played because of insufficient players.

KULJAK

The Kuljak Club membership comprises "retired" lacrosse players, referees, coaches, officials and supporters. The club contributes to the development of lacrosse in Western Australia and also awards the Kuljak medallion to the best player in the WALA Division 1 grand final each year.

The winner for 1995 was Subiaco player, Aaron Stubbs, who was selected by an independent panel of three judges.

Glenelg Rewarded for Planning and Hard work

1995 was a record year for the Glenelg Lacrosse Club bringing success both at Junior and Senior levels. Glenelg had the outstanding record of winning 6 Premierships, and being runner's up in 2 others grades. This means that Glenelg played in eight of the ten possible Finals. The club also featured six under 16, two Under 21, and six senior women state representatives, as well as one under 19, three under 15 and four senior men representatives.

These include Australian representatives in both men's and women's level and Sarah Aston who represented Australia in the winning Under 19 World Cup team. Colin Greenhalgh also made the record books for notching up 300 league games.

Glenelg's Record

- *League Women - Premiers defeating Uni. of SA by two goals*
- *League Men - Runners up to West Torrens*
- *League Reserves Men - Premiers*
- *League Reserves Women - Premiers*
- *Under 14 girls - Undefeated Premiers*
- *Modified Girls Comp. - Premiers*
- *Boys SofCross - Premiers*
- *Girls SofCross - Runners up*

Glenelg also took part in local council Marion's 125 the year celebration. This included a come and try morning and an exhibition game in front of some 3000 people. Late in October Glenelg will take part in the "Optus at the Bay" event which should see 200,000 people viewing the exhibitions and displays including Glenelg's own efforts. Junior development has also played a part in Glenelg's current success. Glenelg has hosted a Primary Schools competition each year which has introduced non-contact lacrosse. this year 40 children took part. This success hasn't happened overnight - it has been due to the long term efforts the Junior Development Officer and other club members providing support. Senior players become involved in coaching or umpiring these junior competitions. Glenelg also holds coaching clinics during the year to assist junior development within their club and local area. Obviously the hard work and commitment which has been made by the Glenelg Lacrosse Club is paying off, with increased numbers of players and the achievements of their teams and individuals. South Australian Lacrosse is fortunate to have many clubs like Glenelg who are planning and working for the long term success of lacrosse.

Non-Contact Lacrosse Summer Season

A Summer season of Non-Contact Lacrosse, also known as Indoor Lacrosse, Intercrosse and Sofcross (!), has started in Adelaide. Both West Torrens and the University of South Australia have organised competitions. The West Torrens is a more social and family oriented competition based at the club, while the University of SA competition has tried to cater for both established lacrosse players and novice players. The University of SA competition features 26 Adult teams and 8 Schools teams competing in different levels: Elite, Upper Intermediate, Lower Intermediate, Novice and Schools. It is being played at the University of SA Gym both indoors and outdoors. The Elite competition features 8 strong teams, including the "Old Blacks", a team based on former Adelaide University players. This team features Ray Duthy, Eric Granger and Peter Koschnitsky among

others. The Old Blacks have been involved in non-contact (formerly indoor) lacrosse for as long as anyone can remember. It will be a real challenge to the younger teams if they can beat the experienced and skilled Old Blacks. The elite competition also has Stingrays which will feature Cathy Flett, victorious Australian U/19 Women's Coach, Janet Maitland, Australian Goalie and Under 19 World Cup reps, Jenny and Trish Adams among others. It is hoped that other clubs will start to run similar competitions around their local area in an effort to bring more new players, both adult and school-aged to lacrosse. Both Burnside and Southern Districts are looking at setting up competitions over the Summer.



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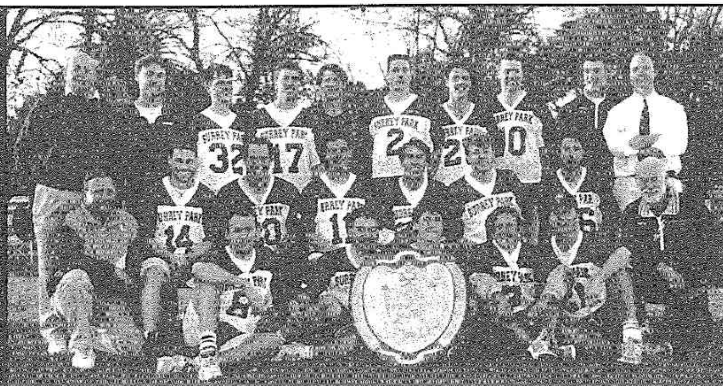
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Vic Men's More News....

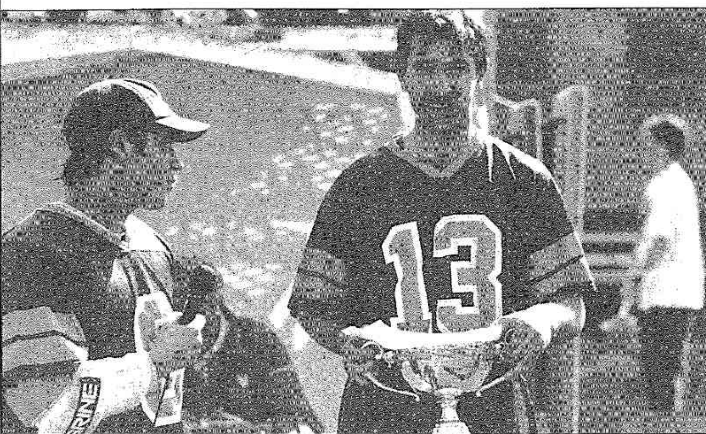


1995 Top State League Goalscorers

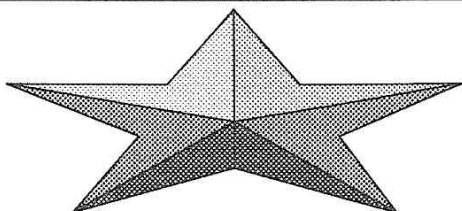
Darren Gibson (Williamstown) topped the Victorian goalthrowing list for 1995 scoring 108 goals. Only one other player, Glen Meredith (Malvern), managed to exceed the "ton". Meredith scored 105 goals. The next highest was Surrey's Andrew Hogg who managed 87 goals followed by his teammate Cameron Toomey who notched up 85 goals.

Malvern's Paul Cook showed he was not just a high goal scorer (he managed 60 goals), but he topped the important assists list with 69 assists for the season. Second on the list of assists was Darren Gibson with 46 assists. With his Best and Fairest trophy, topping the goal scoring list, and coming second in assists, Darren obviously had a good year!!! See also the previous edition issue of The Lacrosse Player.

In other Divisions, Williamstown 25 defeated Malvern 16 in Division 1, and in Division 2 Williamstown defeated Caulfield.

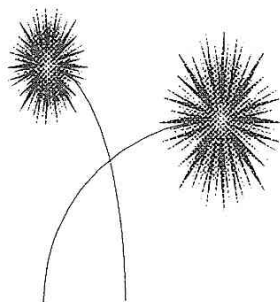


Nick Brown and Mark Otter of Williamstown with the Cup for their win over Malvern in Division 1



The 1995 Victorian Premiers

Rear: G.Tillotson (Scorer) P.Moore (Asst Mgr) R.Toomey
A.Hogg G.Robinson (Coach) C.Shepherd D.Spreadborough
D.Mounsey R.Cotgrieve E.Jenny (Asst Coach)
Centre: P.Creed (Asst Mgr) G.Moore A.Stewart C.Toomey
R.Ashdown G.Ashdown J.Simpson B.Moore (Statistician)
Front: C.Brown T.Purdie C.MacLachlan B.Waite J.DeCarlo



Ross Ashdown, Andy Stewart and Cameron Toomey hold the State League Shield high - proud Captains



Keith Chamberlain (Secretary of the VLA & Referee) presents Sean Williams (Melbourne University) with the Best and Fairest Trophy for Division 2, watched by Phil Krause and Jim Miller from Caulfield

It's now quite a few years since the Paradise tournament was first played, so it is timely to review what has been going on and to provide a short observation of this year's tournament.

The difficulties of starting up an event like this shouldn't be underestimated. In the case of Queensland, there has been two locations for the event and in each instance there has always been widespread liaison with local interests. At present, the tournament is linked with a major Gold Coast recreation / sport festival and so receives recognition considerably in excess of that normally associated with lacrosse.

Over the years, both men's and women's lacrosse have been represented at the Paradise tournament, with a noticeable growth in the strength and quality of women's lacrosse. When a top women's side like Glenelg takes the trouble to participate, a clear statement is being made. Equally, the presence of a Caulfield women's team signalled that there is more than just casual interest in the Paradise Tournament.

This year saw a number of teams pulling out at short notice, but other teams had full or excess numbers of players. The quality of the final game was excellent, but the relaxed

atmosphere which typified earlier matches was replaced with all the competitive edge of a grand final.

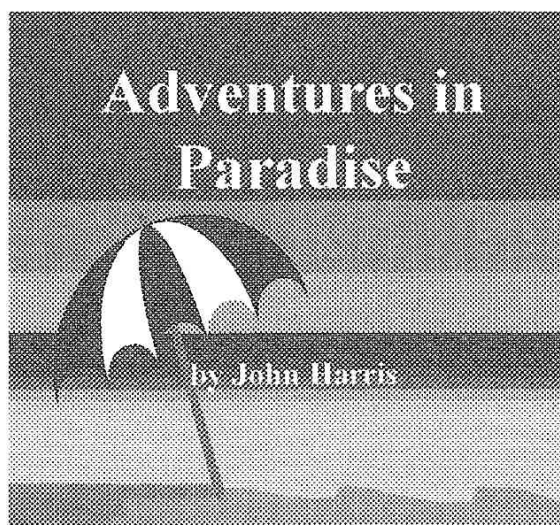
While it may be not well understood in some places, the Paradise Tournament is about life style (as is the whole region) and so a wide cross section players have appeared at the tournament over the years. A number of Japanese players have participated in the past two years. A team composed mostly of American students from nearby universities was a feature of this year's tournament.

The good news is that the tournament attracts a lot of players from the Brisbane area. As these players are sometimes less experienced than their southern or western counterparts, they are there picking up new skills which in turn

will be applied at the Brisbane indoor competition which now runs on a regular basis.

I would rate the Paradise Tournament as an excellent post season trip where good quality lacrosse is played in a relaxed atmosphere consistent with the life style of the Gold Coast.

Oh, and by the way, the Glenelg women's team carried off the prize money for the women, and the 79'ers had their first win since 1988.



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Victorian Juniors

1995 was a good year for juniors, with a particularly encouraging trend at the [Under 17 and Under 15 levels.

In 1995 there were six fully functioning U17 teams, and twelve Under 15. This represents an increase of 50% since 1992 when there were only four Under 17 teams (from three clubs) and eight at the Under 15 level. Clubs should not get complacent about this though, as there is a long way to go yet, and for lacrosse to improve the numbers need to continue the upward trend.

The Under 13 age group is also going well, and again a lot of interest in participation and following is the trend if the finals held at Caulfield Park were any indication.

The Division 3 Under 13 Grand Final between MCC and Doncaster was a great final, with the scores tied at the end of the 4th quarter. The deciding goal was scored in a thrilling Sudden Death overtime period which saw MCC the victors.

Under 13 Grand Final Results

Division 1

Diamond Valley 19 d Williamstown Fearon 18

Division 2

Camberwell Magic 24 d Alphington 9

Division 3

MCC Demons 16 d Doncaster 15

Under 15 Grand Final Results

Division 1

Eltham Black 12 d Surrey Park 9

Division 2

Williamstown 9 d Footscray Renegades 8



1995 Under 13 Division 1 Grand Final Winners Diamond Valley

Rear: P. Winchatsch, J. Lamb, J. Dare, D. Woodward
G. Pye, B. Ivory

Centre: N. Carter, C. Bolger, A. Henry, A. Thanas, C. Brooks,

Front: S. Menze, B. Cleveland, P. Miller, S. Thanas



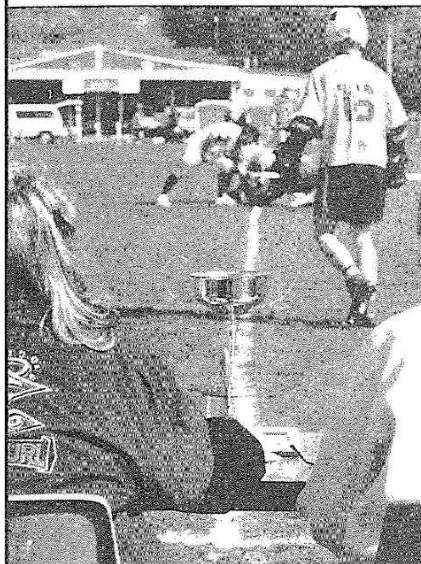
Williamstown Fearon's C. Brooks looks intent as he passes the ball off to a teammate in the Under 13 Division 1 Grand Final



Surrey Park's Brett Cook (3) about to take a tumble as he tries to retain possession. Eltham's S. Whittle (left) and M. O'Grady giving him the challenge

Under 17's

Eltham were too strong for Williamstown, with a three goal margin of 14 goals to 11 when the final bell rang. The photos say it all.



The final reward after a tough game.... the Cup!

L. Ross looks on at the final centre draw in the game

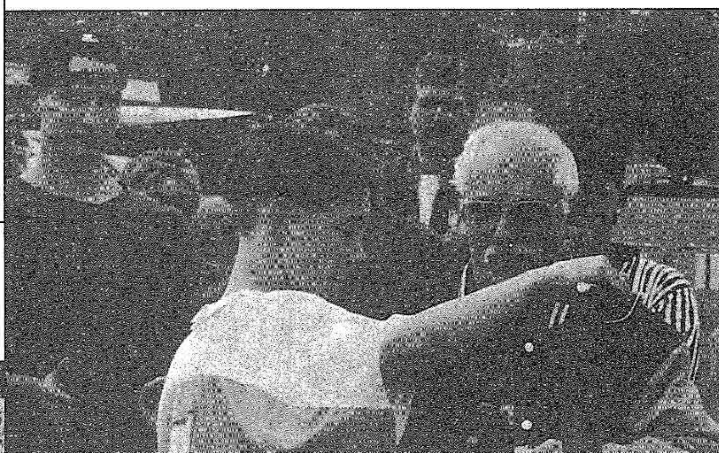
Junior Best and Fairest Awards

Under 17

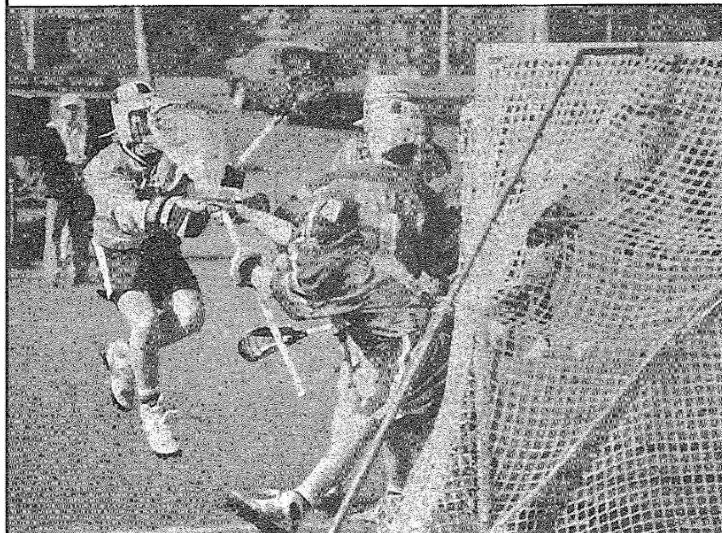
David Jobson (Williamstown)	28 Votes
Daniel Stiglich (Eltham)	25 Votes
Luke Pepperell (Surrey Park)	24 Votes

Under 15

Nick Moran (Malvern)	33 Votes
Warwick Henderson (Surrey Park)	32 Votes
L. Moore	30 Votes



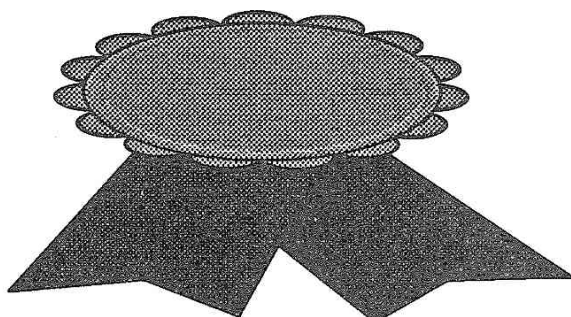
VLA's Rob Speakman presents Diamond Valley's captain A. Henry the Pennant for his team's win in the Under 13 Division 1 Grand Final



Eltham's Under 17 attacker, L. Trainor goals - much to the annoyance of M. Morlan



Eltham's L. Trainor (1) gets entangled with Williamstown's T. Garnsworthy. Willy's S. Marquard (12) and M. Sivelle (4) watch the play ready to help if necessary.



Speeding up the Game - A 1950's Perspective

An extract from a 70's Magazine dealing with lacrosse history, discussed the development of the game in the 50's, and gave recognition of the need to speed up the game. One wonders, seeing some club games, whether the aims of that time have been realised.

"The new (Canadian) executives (in the early 50's) realised the rules allowed play to slow down to such an extent the game lacked attraction for spectators and players alike. Gradually ideas were introduced, and a philosophy of "speed up the game" emerged. This has been followed to this day (ie. the 70's). Rather introduce legislation against "rough-house" tactics, rules were devised that did not allow time for those undesirable elements to occur".

One wonders how the writer of those lines would view the competition of today? The game is certainly faster than it was in the 70's, but the rough-house element is still there at times.

Field Testing new Rules

A correspondent to a 70's lacrosse magazine noted "Today, a proposed rule change is subjected to a series of 'field tests' prior to incorporation. In this fashion the practicability of the proposed philosophy can be ascertained".

The above is an interesting philosophy, and a practical approach to test new rules *before* changes are made. The Lacrosse Player is not aware if this is the case when international rules are changed. We

plan to follow up on this and report in the next issue. We would appreciate any comments the lacrosse community thinks of this approach. Should new rules be field tested in regional competition before being introduced for the International (or National) Titles? If you have an opinion on this write to the Editor.

Box Lacrosse - Beginnings in Australia

Did you know Box Lacrosse originated in Australia?

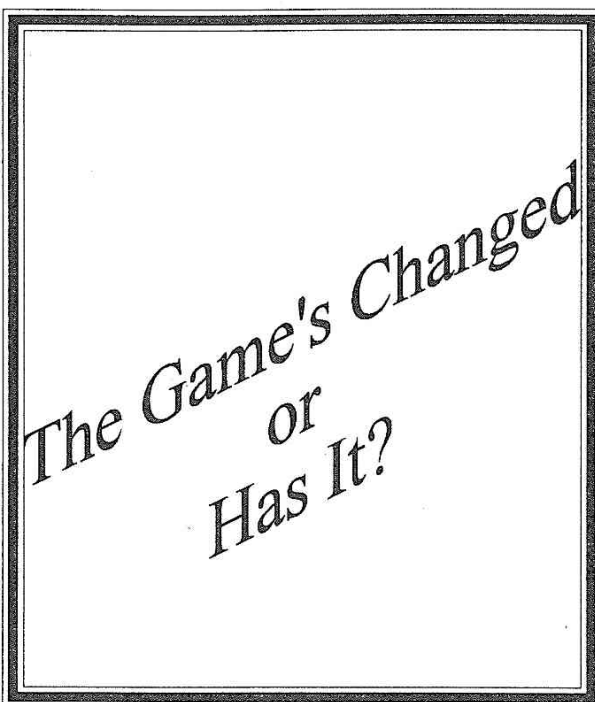
According to an article for the Magazine produced for the 1974 World Championships in Melbourne, Box Lacrosse was conceived and played in both Melbourne and Adelaide. It was played in ballrooms, and proved a popular feature in those cities. The first Box Lacrosse game in Australia was held at the Plaza Ballroom in Melbourne on the 1st July, 1931.

Details of this found their way to Canada, and within a few months the Victorian Association heard of the game being played in that country (Canada).

On February 1, 1932, "The Herald" received a cable from its New York representative saying :

"Australian indoor lacrosse , introduced to Canada last year, has been taken up enthusiastically in New York. It is to be promoted on a professional basis by the Ice Hockey League".

Indoor lacrosse, as reported in the last issue of The Lacrosse Player, is doing well, but it is not Box Lacrosse. Indoor lacrosse seems to be taking off. The Melbourne MILL indoor competition is in it's second year (it runs all year), and a second indoor competition has now started in Melbourne in the Dandenong area, at Springer's Indoor Centre, Springvale on Wednesday nights.



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Keir Jarvis	Camberwell
Tim Richmond	Malvern
Brett Barty	Williamstown
Bruce Freeman	Chadstone
Paul Stiglich	Caulfield
Bill Gray	Chadstone
Dean Egan	Malvern

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FRANK TRAINOR

Surfer and Lacrosseur

Born : 7 October 1903 Died : 17th September 1995

Lacrosse is built on families, and would not survive without this family involvement it is an integral essential ingredient. The father of the well known Victorian and Australian lacrosse "Trainor" family, V.F.(Frank) Trainor, recently passed away.

Frank Trainor had a great interest in sport, and in particular lacrosse and surfing. His great love for sport has been an influence on his family, and with many others with whom he has been associated with in his life. Whether it was a quirk of fate, by some intervention, or his own inclination, one of the primary focuses of his working career was in trophies. That he traded in trophies which recognised excellence and commitment in sport seems very apt.

In lacrosse his Club was Caulfield, which he joined in the 20's, and that early association has resulted in many of his family participating and helping manage that Club. Three of his grandsons, and one granddaughter are currently active players in that Club.

He travelled with Captain Fearon (of Williamstown fame) to Tasmania with a team to promote the lacrosse in that State, and following that the Southern Tasmanian Lacrosse Association was revived. Another "notable" toured with that team, the great football personality Laurie Nash. Later, when Frank was working in Tasmania, he played lacrosse there, and became secretary of Northern Tasmanian Club. A second visit was made by Williamstown in 1934, and Frank was then secretary of the Northern Tasmanian Lacrosse Association.

Frank started a Lacrosse Dynasty. His sons Garnett, Denis,

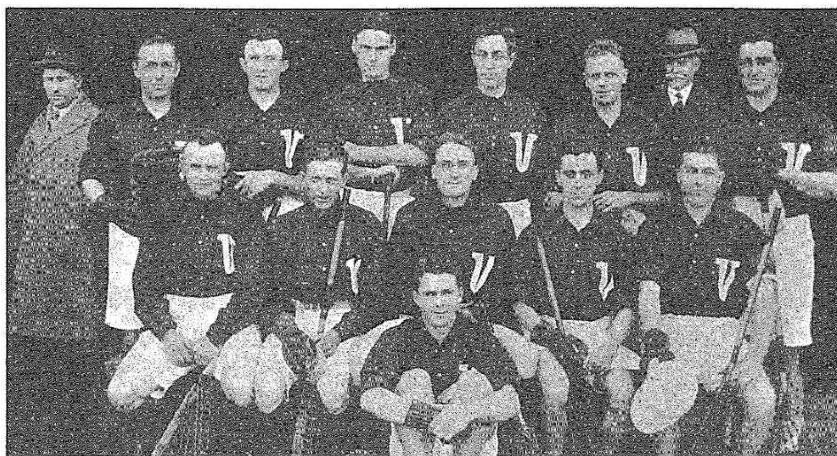
Bo and Martin all played lacrosse for Victoria. Denis went on to coach and play for Australia many times, and Bo and Martin went on to coaching careers. Denis's two sons Peter and Steve both played the game, with Steve being a senior captain at Surrey Park. Bo's two sons Ryan and Lincoln both played at Eltham, and have played for Victoria at junior level. Frank's daughter Josie has three sons playing for Caulfield - Luke, Robbie and James. Robbie has just returned from the USA where he played for Australia in the Under 19s. Denis's daughter Leanne, who is captain of the Caulfield Women's Lacrosse Team, has played many times for the Victorian and Australian Teams, and recently returned from the USA where she was the assistant coach for the Australian Team which won the World Under 19 Championships.

For those in lacrosse who are interested in surfing, Frank was a legend in that sport. Torquay was only a dot on the map when Frank mastered the waves in the 50's. Each weekend he and his family would catch the train and a connecting bus from Melbourne to surf. They started off staying in a tent, then progressed to wooden huts, caravans and eventually a house.

Not even creeping age could keep Frank from his love affair with the surfboard, and at the age of 65, when most people are looking to relax, he obtained his surf bronze. He was still competing in, and winning surf marathons eight years later, and was probably the oldest registered lifesaver in Australia still on active patrol. He created the

"Frank Trainor Medley", which became the "Iron Man Competition".

His secret? Well, who knows, but he was a fitness fanatic who started each day at 6am with wheat germ, fresh orange juice and a 10km bike ride. Maybe that had an influence, and we could all learn from that.

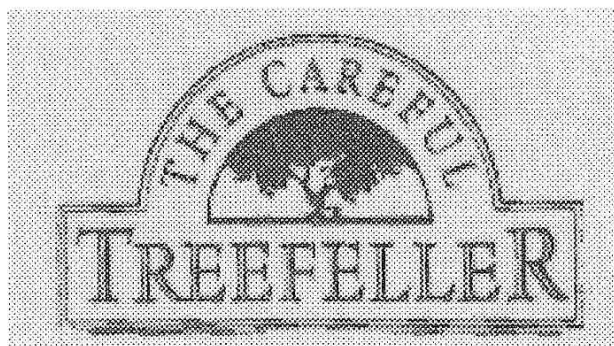


Victorian Lacrosse Team - 1925

Rear : V Healy, A McIndoe, H Lampard, H Wrixon, S Dodgshun, C Watt

Centre : M Ellis, R Brierley, J Beatty (Capt), A Totton, B Callister

Front : V F Trainor



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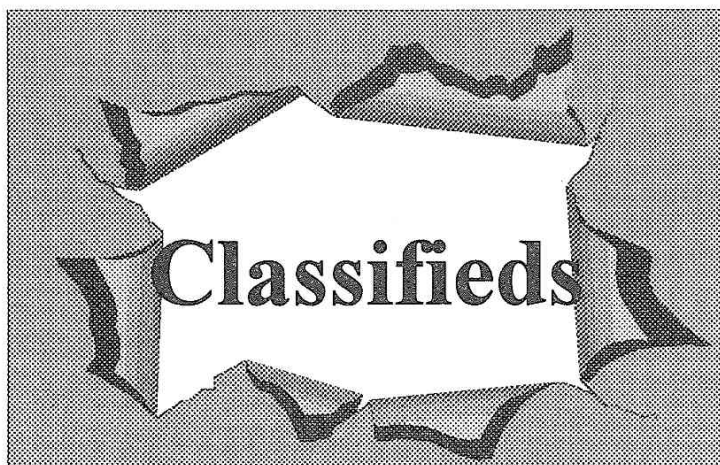
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