

THE LACROSSE

PLAYER



ALLCROSSE

Sports

PH-FAX (03) 434 5951

MOBILE (018) 355101

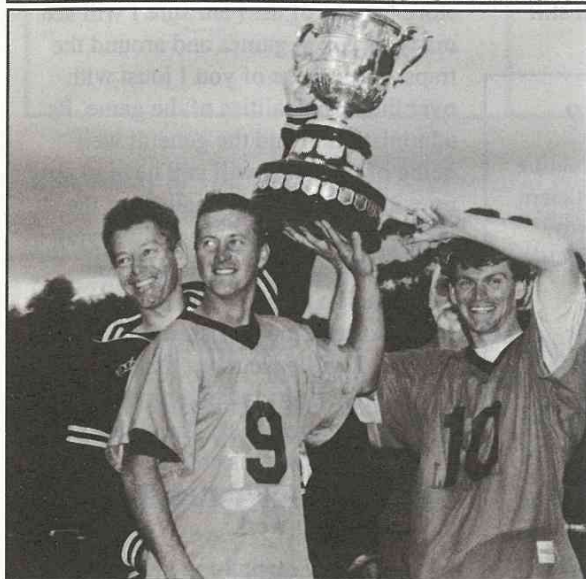
- ☐ Team uniforms & club leisure wear
- ☐ **ALLCROSSE** sportswear 100% AUSTRALIAN
- ☐ **CROOKED ARROW** laminated timber handles and clothing
- ☐ **BRINE, STX** and **LAX** equipment and accessories
- ☐ **NIKE** cleats **SAUCONY & FILA** footwear
- ☐ **LAX WORLD** clothing, accessories and giftware - CATALOGS AVAILABLE
- ☐ Custom dye and stringing service
- ☐ Equipment bags, personal and club

JEWELLERY • SHIELDS MOUTH GUARDS
RE-STRING ACCESSORIES • HELMET PANELS
SOFCROSSE GEAR • GOALS & NETS

*For everything you need in Lacrosse.
If we haven't got it, we will get it!*

VISA, MASTER CARD, BANKCARD
PHONE ORDERS
SHIPMENT AUSTRALIA WIDE

THE LACROSSE PLAYER



Above : WA Captains win the Nationals
Below : Centre Face-off in the WA/SA Final



The Lacrosse Player

149 Manning Road,
EAST MALVERN

Editorial Committee

Editor	Lloyd Holmes	(03) 9572 3035
Finance	Ian Whitbourn	(018) 349 111
Interstate		
Co-Ordinator	Jan Jackson	(03) 9885 1442
Layout/ Photography	Lloyd Holmes	(03) 9572 3035
Mailing	Barrie Moore	(03) 9808 5406
Printing	Gary Campbell	(03) 9521 3399

Interstate Contacts -Magazine Contributions

Vic	Jan Jackson	(03) 9885 1442
WA	Malcolm Stokes	(09) 4475417
Tas	Jo Rees	(002) 44 8469
Qld	Ray Trevaskis	(074) 985 133
NSW	Matthew Duryea	(02) 437 5809

1. Editorial
2. Lacrosse
Olympic Bound?
3. Western Australia
A Century of Lacrosse
6. Perth Hosts
1996 Nationals
7. 1996 Men's Nationals
12. Croc Attack - Aussie
U19's World Challenge
14. The Drought is Broken -
*Victoria takes out 1996
Women's Nationals*
18. AWLC Update
19. All about Ankles
22. 1996 Masters
24. Vic Women's Finals
27. A Saturday Reflection

Front Cover (Photos by Lloyd Holmes) :

Top Left : SA's Steve Repucci gets the ball away from Victoria's Ben Fleming.

Top Right : WA's Chris Warren in action showing determination

Bottom : Victoria's Cam McLaughlin trapping the ball, surrounded by Aussie U19s Nathan Stiglich, David Toy and (front) Robbie Stark. Victoria's Charlie Zarafa looks on.

Editorial :

Opinions expressed in this magazine are made by the author and do not necessarily represent those of the Editorial Staff.



CONTENTS

Editorial

As the season draws to a close it is interesting to reflect on the year and to look for the positives to what we have achieved. There are many I am sure, but from where I am sitting I must admit to feeling jaded. It's the same feeling I had when I decided to retire from playing. You just know when it is time to hang up the boots. If your body does not tell you then generally someone else will!

To this end I feel that I must end my role as Editor of *The Lacrosse Player*. The pressures of business, the hectic times trying to get the information ready for a magazine run and the need to spend a little more time with my family are pressing home. I will of course miss the thrill of seeing the magazine "hot" off the press but after four years it's time to move on. In some ways I will be starting over again as I support my son as he plays through the grades. In other ways I will be just another spectator.

On reflection I believe *The Lacrosse Player* has promoted lacrosse through its photos and articles. There have been many people who have contributed to its success and rather than miss anyone out I will simply express my gratitude to everyone who has supported both *The Lacrosse Player* and myself. The only exception is that I must thank Lloyd Holmes for his wonderful photos and articles and Ian Whitbourn who has

driven me to complete the magazine when I thought it was near an impossible task. I hope that those who have been at my home on many Sundays putting magazines into envelopes and labelling them will still

ANYTHING TO SAY?

Around the traps we hear many views expressed, many good ideas, criticism, aggro, and we could go on. So why not put your fingers on the keyboard, and express those views?

Whilst we do our best to print all articles, preference is usually given to articles that are topical. We do not discard any articles but keep them for possible use in future editions. Please note however, larger articles not submitted on diskette don't have much of a chance of being entered. This is due to the large amount of typing time these articles take. We do not have a large typing pool readily available, so those who send articles on diskette will certainly get preference.

What format you say? Pretty well any of the MS-DOS based applications can be catered for, but text is probably the safest. If you wish anything returned please ensure you include a self addressed and stamped envelope of the appropriate size. Please also note the cut off dates. These will be adhered to strictly. Another alternative is to send it by e-mail to lholfmes@ais.com.au

continue to drop in for a cup of coffee or something a little stronger if the urge is there.

Who knows what the road ahead has in store for any of us. I am sure I will see many of you at games and around the traps. Even those of you I joust with over the technicalities of the game, its administration and the general well being of the game will still have to put up with me!! Still I do believe at the end of the day we are all really trying to achieve the same thing, to promote Lacrosse. So those of you on the Internet, keep looking at my page. Perhaps I will have more time to develop the page and add more interesting things to it. The address is either <http://www.ais.com.au/lax> OR <http://www.lacrosse.net.au>. Take your pick, they both work.

So in parting I will still be pushing the barrow of promotion but from a different angle.

Keith Chamberlain
kchamber@lacrosse.net.au

[EDITORIAL - Many people would not realise the huge amount of time and effort Keith has put into the magazine. He will be hard to replace. Thanks Keith for all the hard work]

Please enrol me as a subscriber of
The Lacrosse Player

Cheques should be made payable to ***Lacrosse Victoria Inc.*** Return this form and payment to :

Lacrosse Victoria
13 Willesden Road
Oakleigh
VIC 3166

Any Enquiries:

Ian Whitbourn
(018) 349 111
(03) 9801 1065

(Tick Choice)

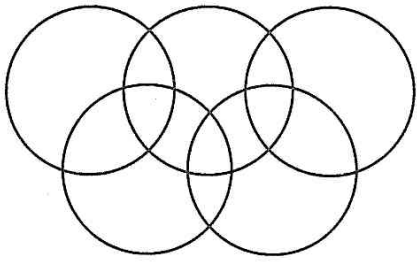
- | | | |
|------------------------|-------|--------------------------|
| 1. GOLD SPONSOR | \$500 | <input type="checkbox"/> |
| 2. SILVER SPONSOR | \$250 | <input type="checkbox"/> |
| 3. BRONZE SPONSOR | \$100 | <input type="checkbox"/> |
| 4. MAGAZINE SUBSCRIBER | \$25 | <input type="checkbox"/> |

My Details are as follows :

TITLE Dr / Mr / Mrs / Ms /

FULL NAME

ADDRESS



Lacrosse Olympic Bound ?

by Lloyd Holmes

Like many of you, I get asked "Is lacrosse going to become an Olympic sport?". The answer to that question appears to be 'no' in the short term, but possibly 'yes' in the longer term.

When one considers that synchronised swimming is deemed to be an Olympic sport, and according to a recent newspaper article even ball room dancing (or some form of dancing) is being considered, then why on earth is lacrosse NOT considered.

Lacrosse has had Olympic Exposure

It is generally not known in lacrosse circles that lacrosse has had Olympic exposure on four occasions. The first of these was in the 1908 London Olympics, Canada and the UK the only teams playing. Canada won that game 14 to 10.

Lacrosse was a demonstration sport in the 1928 Games in Amsterdam, where some 40,000 people watched lacrosse. There were 3 Nations US, Canada and England, and there was great disappointment that Australia and South Africa, who were playing the sport at the time, did not attend. The games were inconclusive. US defeated Canada 6 to 3, UK defeated US 7 to 6 and Canada defeated UK 9 to 5. An International Federation of Amateur Lacrosse was formed at the games, and Australia had a representative DK Mackenzie on this Federation. The records are sketchy on the IFAL, however it lapsed. It was not until Henry Volk revitalised the International Lacrosse Federation (refer Lacrosse Player) in 1974 that a national body was formed. In the 1948 London Olympics, Men's Lacrosse was again a demonstration sport. Wembley Stadium was the venue for a

USA v UK Challenge on 5 August, witnessed by around 60,000 people. The result was a 5 all draw.

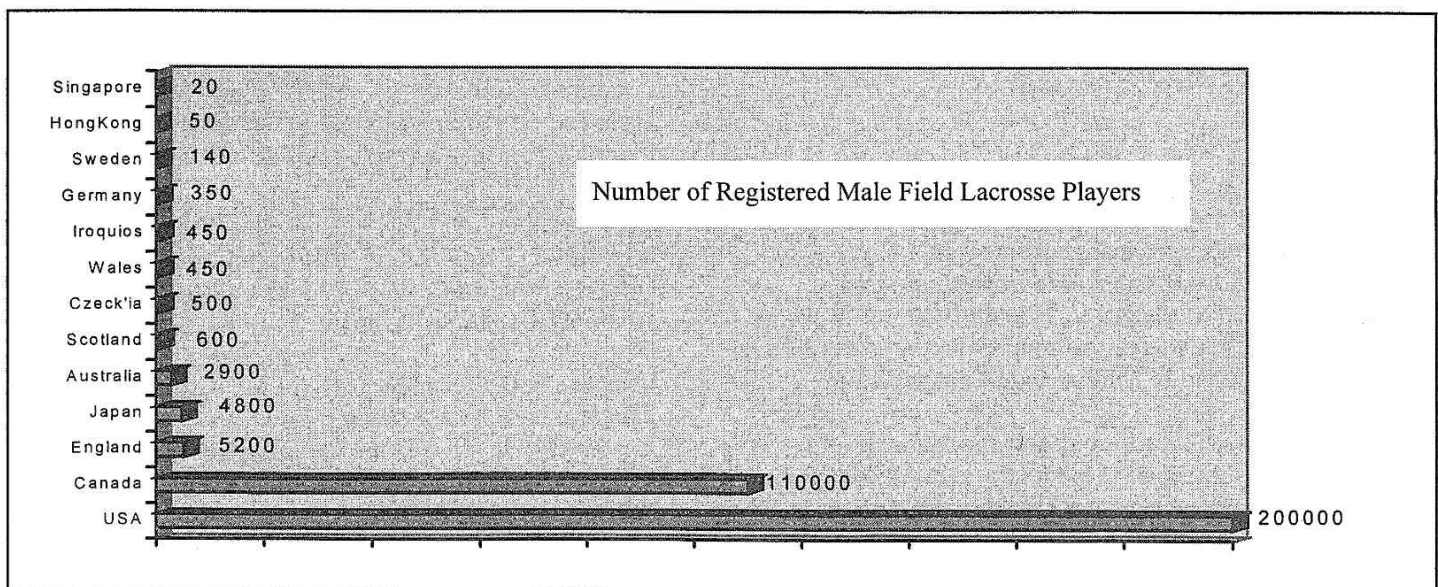
The most recent Olympic exposure was in a pre-Olympic event for the 1984 Los Angeles Games. This was a lacrosse exhibition match played between Australia and the USA in recognition of the origins of lacrosse in that country.

The Future

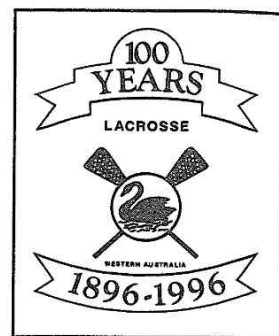
There are many factors that get taken into account by the International Olympic Committee (IOC) when they decide on which sport will be played and which won't. Only sports widely practised by men in at least 75 countries and on four continents and by women in at least 40 countries and on three continents, may be included. The decision to admit a new sport must be made at seven years before a specific Olympic Games. One could also speculate on the cost of supporting teams of 23 players!

Peter Hobbs of ALC gave some interesting statistics at the 1996 Fellows' Dinner on registered male participation in lacrosse around the world: Singapore 20; Hong Kong 50; Sweden 140; Germany 350; Iroquios 450; Wales 450; Czechoslovakia 500; Scotland 600; Australia 2900; Japan 4800; England 5200; Canada 110,000; USA 200,000.

So lacrosse is not on the agenda for Sydney. The Sydney agenda is already settled. Even considering the increasing number of countries now taking up our sport, it seems unlikely that lacrosse will be considered for an Olympic sport in the near future unless the deciding parameters change.



Western Australia A Century Of Lacrosse



The introduction of lacrosse into WA was the direct consequence of gold discoveries in the Eastern Goldfields. Two former players from the Eastern States, F. Parsons and F. Wingrove arrived in Perth in 1895. Their enthusiasm resulted in the formation of the Perth and Fremantle Clubs in 1896.

Two further Clubs, Mercantile (centred on a merchandising warehouse) and Cottesloe (later Banks) were formed in 1897. A formal competition commenced in 1898 with Mercantile winning the first premiership that year.

Goldfields Join

During 1899 a "Coastal" team visited the goldfields where a local devotee, Arthur O'Connor was nurturing the sport, principally in Coolgardie. From then until 1914 a regular fixture Coastal vs Goldfields was conducted. Due to lack of prosperity on the goldfields, and a strong patriotism by young men for World War 1, the goldfields competition died out. Later attempts to revive the game in Kalgoorlie in the 1930's and in the 1980's, both failed.

The game received a tremendous boost in 1907 with a visit by a team from Canada. This was possibly due to local players wanting to emulate the great skills on display. There was much to be learned from the Canadians who had been playing for the previous 100 years. Four matches were played in WA, two in Perth (on the WACA), one at Fremantle and one at Kalgoorlie with the Canadians winning all convincingly. When one city match was held all sporting fixtures, including football, were cancelled in order to give good attendance.

However deficiencies in both equipment and techniques were revealed "our capless and gloveless veterans wielding clumsy crosses tightly strung and reaching the players chin found their game of long throwing and hard running quite ineffective against the clever short passing with short loosely strung crosses and the trickery of the visitors" (1931 Historical Vol 1 History of WALA).

World War I takes its toll

After an initial surge of interest following the Canadian visit, and despite WA's participation in interstate competition in 1910 and 1912, lacrosse began to languish and by 1914 only 3 teams had survived. Between 1915 and 1920, due to World War 1, all lacrosse fixtures were suspended. Of the registered players at the time 136 enlisted and 24 did not return.

Changes adopted in the local competition subsequent to the Canadian team's visit persisted for the next 50 years when further overseas developments became evident. The Canadian visit in 1907 exposed the absence of a national competition controlling body.

The difference in the rules of the two dominions were known, but nothing was organised to iron them out. The State Associations were conscious of this weakness, so in 1910 they met for a conference with the aim of setting up a Lacrosse Union. The majority of States failed to ratify the proposal and with the oncoming World War the idea was not revived until 1931 when the Australian Lacrosse Council was formed.

Lacrosse was re-established in Perth and Fremantle regions in 1921, mainly through the vision and enthusiasm of stalwarts like Mr C.E.B. Hickey and Mr I.J. Taylor. In 1930 eight clubs were involved in senior competition and a Lacrosse Old Players and Referees' Association was established.

In the period 1925 to 1939 a representative WA team competed (unsuccessfully) in national championships.

World War II strikes and supply of sticks a problem

Senior fixtures were again abandoned in 1942, by which time most players had answered the call for service in World War II. A junior competition for 8-a-side teams continued and it was players from this era who made a significant contribution to the game in the post-war period.

After World War II the game was interrupted in an unexpected quarter. Restrictions were imposed on the import of luxury and sporting goods, which caused a drastic shortage in available sticks. A cry went out from the WA Lacrosse Association to past players to donate their old sticks instead of leaving them to lay idle in some back shed.

A large consignment of sticks was ordered from Pakistan in 1951, and with the introduction of English sticks the following year the sport was able to continue.

Even with these donations nowhere near enough sticks could be supplied so juniors were turned away from the sport, and numbers dwindled from 500 in 1949 to 350 by 1950, and the future of the sport was in doubt.

Full competition recommenced in 1946 with 9 clubs participating in both senior and junior grades. WA teams have competed in the Australian Championships since their inception, but winning at this level did not come easy. The WA team won their first championship, which it hosted, in 1947, and then had to wait another very long 25 years to win again in 1972.

By 1949 the competition had its highest ever number of registered players - 501.

WA has spawned many great lacrosse players including Brian Griffin and Jeff Kennedy (both of whom have been recognised in the US Sporting Hall of Fame), Peter Cann and Murray Keen. In World Series, WA have provided many players for National Teams. 7 players in 1974 (Melbourne), 2 players in 1978 (Manchester), 5 in 1982 (Baltimore), 7 in 1986 (Toronto), 11 in 1990 (Perth) and 8 in 1994 (Manchester).

Western Australia has hosted many Australian Lacrosse Championships at all levels over the years. As well it has hosted many teams from other countries including the USA, Canada, Japan and England. Undoubtedly the highlight of lacrosse history in WA was the hosting of the World Series in 1990.

Financial gains from the conduct of the Lacrosse World Series in 1990 was the catalyst for the establishment of the WA Lacrosse Foundation in 1991 for the further promotion and development of the game in that State.

The Current Situation in WA

Since World War II the numerical club and player strengths have been static. In 1995 competition comprised of 7 clubs participating in two senior and 3 junior divisions, the WA division of ALRA, and the Kuljak Club which was established in 1963 for ex-lacrosse players and supporters.

Sofcrosse and Modcrosse were adopted in 1982. Sofcrosse, adopted in the Aussie Sports Programme in 1984-85, was acclaimed as the fastest growing sport in the programme, and is included in the school sports curriculum.

Modcrosse has expanded from 3 clubs and 59 players in 1987, to 8 clubs and 360 WALA registered players in 1995. This does not include many thousands more players who compete in school and independent competitions.

The Future

Lacrosse in Western Australia enters into its second Century with confidence.



WA's Bob Ramsay showing his style in the 50's



Aylesbury Golf

Always Progressing

- * Aylesbury's policy of excellence will not let you down
- * Single clubs to full sets. 3 years old to 103
- * Buy direct from the manufacturer and **SAVE**
- * All clubs are tailored to your exact requirements at **NO EXTRA CHARGE**
- * Master craftsman repair service
- * Fine Tuning of existing clubs - left/lies, flex, etc
- * Bags, buggies - accessories

83 Chadstone Road, Chadstone, 3148
Telephone (03) 9569 7204 (03) 9563 3310

GET THE *EDGE*™



BRINE®

Brine Direct Sales
1A Trade Place Vermont
Victoria 3133
Phone 03 9872 3688 Fax 03 9 872 4810

PERTH HOSTS 1996 NATIONALS

...CELEBRATES 100 YEARS LACROSSE

Perth was the site for the 1996 Men's, Women's and Under 17 Boys National Championships. The (now traditional) Tournament involving Queensland and the People to People team from the USA, along with an Under 17 Boys team from the USA.

The 400 or so people who came from the USA and other States were treated to near perfect conditions for the week's events, and for the WA Lacrosse Association providing billets for the Vic and SA Under 19 team members, a senior lacrosse team, a junior USA team and Under 17 teams from NSW, SA and Victoria was a large task.



WALA President Don Rudderham with the Shield presented by the ALC to celebrate 100 years of lacrosse in WA.

"100" Photo to celebrate the Centenary

It was fitting for Perth to be the host State this year, as this was the Centenary year for men's lacrosse in WA. A unique initiative to celebrate the WALA Centenary saw a photographer perched atop a cherry picker with all competing teams forming "100" on the ground and supporters included in the background. The photo has been produced into a poster with all teams listed, and faces clearly identifiable.

City Display

The centre of the Perth central business and retail district played host to a lacrosse event which included drills and a small game on the Friday bye day. A formal welcome to the City of Perth and words from ALC President Doug Fox, and WALA Vice President Ian Toy, and a great job by Master of

Ceremonies Frank Hastings, helped explain the spectacle to the many city workers exposed to the game for the first time.

Promotion

The carnival had wide and diverse promotion with video footage and the story Qantas used in their "What's On" segment in their in flight entertainment, radio interviews and plenty of television coverage.

Press photographs included several photo stories and editorial coverage in the "West Australian", and stories in locally distributed Community newspapers. A large photo article in "The Australian" provided significant media coverage to a market not normally exposed to lacrosse,

Celebration Dinner

An after-carnival celebration dinner attended by more than 500 people was a typical "post event" celebration enjoyed by those for whom it was conducted - the teams. Considerable effort was put into providing a large screen video showing footage from championship games, as well as WALA historical material.

Fellows Dinner

The Australian Lacrosse Council organises a dinner each Senior Championships to recognise Fellows of the ALC, and induct a new Fellow where applicable. Ken Forrest from SA was inducted as a Fellow at the 1996 ALC Fellows Dinner held at the Underwater World, Hillary Marina, Perth on 11 July.

Guests had the opportunity to inspect aquatic delights before enjoying their fish dinner. The evening included the presentation of blazers to the 1996 Australian Under 19 team. The guest speaker was ALC Director Peter Hobbs, who provided some interesting information about development of lacrosse internationally. Some statistics have been included in the article on Lacrosse in Olympics, this edition.

ALC President Doug Fox provided a fascinating pocket history of lacrosse and presented WALA with a magnificent shield to celebrate their 100 years of lacrosse.



ALC President Doug Fox congratulates Ken Forrest on being admitted as a Fellow of the ALC.

1996 MEN'S NATIONALS

While the Eastern seaboard of Australia was experiencing cool conditions, Perth put on a spurt of brilliant weather for the 1996 National Championships.

A well organised event, the Championships attracted good crowds, with some exciting lacrosse to view.

WA went into the National Championships the clear favourite and in near perfect conditions for lacrosse, the West Australians delighted their home crowd with controlled and convincing play to dominate the series. This was the second year in a row that WA has taken out the National Title. Since 1964 WA have now taken out 8 titles, SA 6 and Victoria 11.

SA 13 d Vic 12

Although WA were favourites, anything can happen in finals. Victoria were late starters, and in their opening game with SA, went down by a very important one goal. This was the crucial game, as Victoria then had to defeat WA later in the week to gain a berth in the final to determine the Championship. This game showed a well

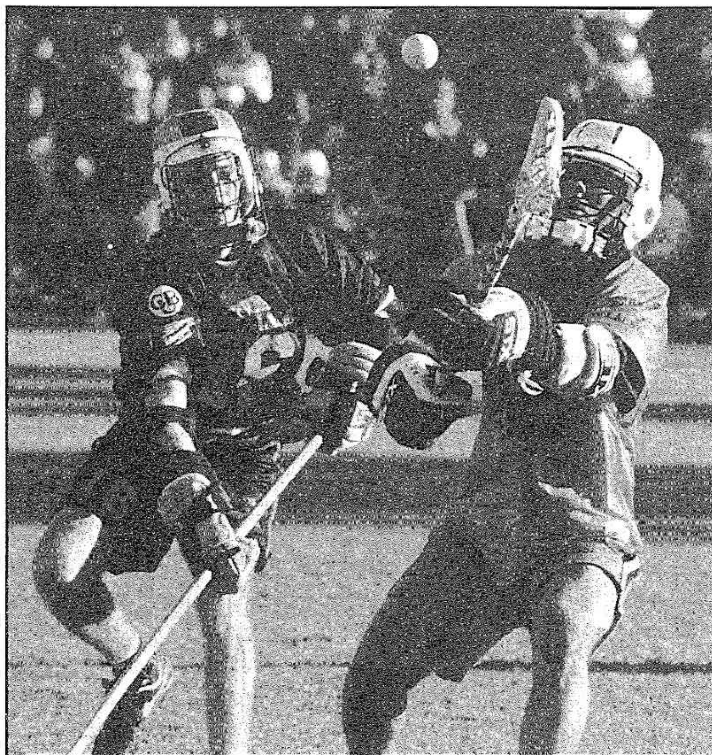
prepared SA side, rewarding the efforts of those involved in preparations leading up to the Championships.

Great performances by both goalies Scott Gransworthy (Vic) and Greg Larwood (SA) in this first game set the standard for goalie performances throughout the series. Victoria's Travers Gathercole probably played one of the best games of his career scoring 5 goals, matching the performance by SA Captain Tony Sellan who likewise scored 5 goals.

WA 14 d SA 4

The 2nd game of the series saw a convincing win by WA, showing they were the force to be reckoned with in the series. The SA defence had difficulty containing the aggressive WA forward play and Captain Chris Warren (5 goals) and Scott Griffin (4 goals) were never troubled throughout the game.

The Wiles Trophy for the winner of games between SA and WA unfortunately could not be presented as it had not been returned to the ALC after the 1995 Championships in Melbourne. Anyone having knowledge of its location contact George Tillotson, ALC Secretary on (03) 9569 9655.

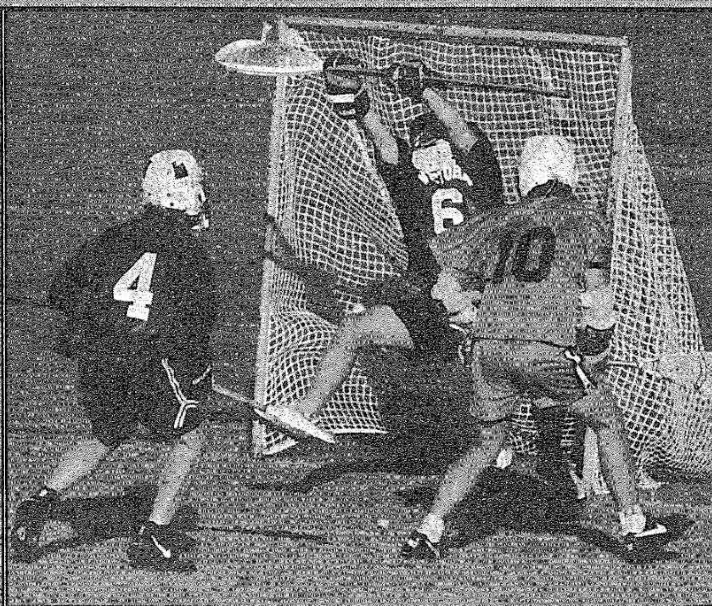


WA's Klay Johnson gets prepared to accept a pass as SA's Michael Sheidow comes in defend.

Celebrating Goalies I

Left: USA's Goalie Joe Solomon prepares for Craig Smith's shot, but it's too late!

Right: Victoria's Scott Gransworthy has an acrobatic stance as he defends.



RESULTS AT A GLANCE

WA 19 (S Griffin 4; C Warren, K Johnson, J Brewer 3; S Kelly, C Everall 2, N Roost, J Hiron 1) d Vic 12 (C Radford 3; J Buchanan, D Orr, B Ross 2; B Fleming, G Moore, B Wilmott 1)

WA 14 (C Warren 5; S Griffin 4; N Roost 2; K Johnson, C Smith, A Stubbs 1) d SA 4 (D Thatcher, J Inge, M Norton, B Howe 1)

SA 13 (T Sellan 5; S Reppuci, M Norton 2; S Rubb, M Elliot, J Inge 1 and 1 Hit-in) d Vic 12 (T Gathercole 5; J De Carlo 3; D Nicholas 2; J Buchanan, C Radford 1)

FINAL

WA 16 (S Griffin, C Everall 3; C Warren, K Johnson, J Brewer 2; S Kelly, N Roost, J Hiron, A Stubbs 1) d SA 12 (T Sellan, J Inge 4; M Norton, J Vorassi 2)

WA 19 d Victoria 12 :

This was the important game for Victoria, but they were no match for the firepower of WA. In contrast to WA's earlier encounter with SA, goals were well spread around the WA attack.

Klay Johnson, with 3 goals and 5 assists showed some of his critics he was still a force to be reckoned with.

The most damage was inflicted in the 2nd and 3rd quarters when 15 of WA's 19 goals were scored, and WA led the Vics 17 goals to 7 as they went into the last quarter.

Victoria outscored WA 5 goals to 2 in the last quarter, but their run was too late to retrieve any hope of defeating WA and gaining a chance to take out the Championships.

This loss also resulted in WA being the first team to take possession of the cup which was donated this year by the VALA as a perpetual trophy for winners of WA/Victoria clashes in qualifying rounds of National

The Final : WA 16 d SA 12

In the final WA came out blazing, scoring 7 goals (by 7 individual players) to SA's 3 goals in the first quarter. SA defence tightened up in the second quarter constraining WA to a single goal scored by Scott Griffin. WA again took the upper hand in the third quarter, increasing the half time margin of 3 goals to a margin of 6 going into the last quarter. The West's attackers were more aggressive around goal, and able to penetrate the SA defence line, putting SA Goalkeeper Greg Larwood under a lot of pressure.

1996 Lacrosse Allstars Team

Goal Keeper : Scott Garnsworthy (Vic)
Defence : Gerard Wills (WA), Steve Mounsey (Co-Captain WA), Greg Moore (Vic)
Midfield : Robert Lawson (SA), Peter Inge (U19), Craig Everall (WA)
Attack : Chris Warren (WA), Scott Griffin (WA), James Inge (Co-Captain SA)
Alternates : Klay Johnson (WA), Robbie Stark (U19), Kim Gillespie (WA)
Coach : Peter Cann (WA)

ALC Senior Championship Best and Fairest :
 Scott Garnsworthy (Victoria)
Senior Tournament Best and Fairest :
 Darren Nicholas (Victoria)

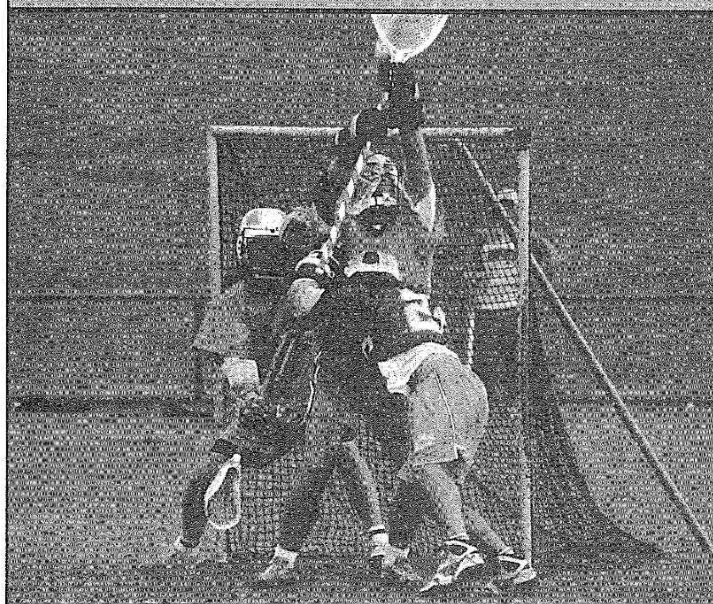
In the final term SA's James Inge posted 3 goals, and SA managing a 6 goals to 4 last quarter. The margin was however too great for a determined WA side, delighting their home crowd by taking out their second win in a row in the National Championships. It was of note that WA had 9 goalthrowers, whereas SA had 4, an indication of attacking breadth of the 1996 WA State side.

Next year the Championships will be in Adelaide. It will be interesting to see how the teams line up. Both Victoria and SA will be preparing to take off the 1997 Championships. Who do you pick to win?

Celebrating Goalies 2

Left : WA's Goalie Murray Keen reaches for the stars against U19 Robbie Stark

Right : SA's Goalie Greg Larwood reaches up to block WA's John Brewer



"It's All for the Players!!"

The Australian Lacrosse Council National Championships Handbook outlines the requirements for the conduct of Australian Championships, one of which is for the host Association (prior to the event) to "*schedule and conduct a briefing for team managers, coaches and team captains to cover such aspects as coaches best player selection process, coaches All Star Team selection process, and duties etc*".

Team representatives have the opportunity to clarify any situation, and for event organisers to provide any further information which may be useful for the participants. The 1996 meeting was duly organised and conducted on the evening of Friday 5 July.

A Problem Emerges - While the above objectives were achieved at that meeting, a comment by a senior State Coach and a senior State Team Manager that "*You never do anything for the players*" struck a raw nerve. The issue which gave rise to these comments was that the commemorative programs were not to be provided free to the players.

What Annoys me about this Comment - People who organise these events contribute hundreds of hours of their lives and dollars from their own pockets to ensure that championships are successful.

The ONLY reason that these National and World events are organised is to provide the opportunity for the best *players* to compete against each other. The ONLY reason that hundreds of volunteers work their guts out running clubs, coaching kids, managing teams, fundraising, refereeing and fielding teams in State run competitions is so that *players* from clubs can compete against each other. It doesn't just happen!

Why do these people do this work?

For Money? - When successful events are conducted and financial rewards are realised the money goes back into Associations and clubs for more uniforms, equipment, facilities and development of the game. For the benefit of lacrosse players!

For Recognition? - How many awards were made during the 1996 Carnival ; nearly 150 with MVP's, Champion Teams, All Star Teams, Best Players etc, etc. How many went to players? - Nearly 150. How many went to organisers, scorers, etc?; Nil. The fact that one of those making the comment is one of the most highly recognised lacrosse players in the world grated most.

For Ambition? - Players get selected to represent Australia - not the people on the gates, behind the bar, in the canteen, the organisers. They do this FOR THE PLAYERS. They do it willingly and I hope, like me, they enjoy doing it.

The Message - "Do not discredit yourself or those you represent by suggesting they never do anything for players", *because everything we do in lacrosse is for the players!*

Malcolm Stokes

1998 WORLD CHAMPIONSHIPS

"Are you interested??"

The 1998 World Lacrosse Championships will be an exciting event, with Australia planning to build on the success of the 1994 Challenge.

The 1998 World Series will be held at Homewood Field, Baltimore, Maryland USA, where lacrosse has been played since 1906. Baltimore hosted the 1982 World Championships, acknowledged to have been one of the most successful and memorable events in lacrosse history.

Homewood Field will have permanent seating for 10,000 thanks to a \$US 2.4M expansion. It is also located adjacent to the Lacrosse Foundation Hall of Fame Museum. Organisers are expecting some 100,000 people over the 10 days of play, making it the largest event in lacrosse history.

Baltimore is an hour's drive to Washington DC, the nation's capital with its own rich historic and cultural attractions.

The Games

There will be 5 teams in the Premier Division USA, Canada, England, Australia and Iroquios Nationals. Games mix is under discussion, with first division competition for the game's developing nations, masters and senior competition all being considered.

A youth competition possibly to include US National Junior Lacrosse Association annual festival.

Register your interest

There will be a lot of information progressively being released on this event, and organisers are expecting the games and functions will be sold out in advance. So if you are interested in getting information sent to you so that you can reserve your seats, you should register. To register to be placed on the mailing list for information please write to :

Garry Mortimer, Lacrosse Team Australia, 74 Mosely Street, GLENELG SA 5044 [FAX 08 362 9111]
enclosing your address and telephone number.

SUMMARY OF ALL MEN'S TOURNAMENT RESULTS

Day	Team1 v Team2	MVP(Team1/Team2)
6-Jul	UI9 18 d Team USA 11	M Taylor/C Theofield
	WA 37 d Qld 5	S Griffin/J Talman
	SA 13 d Vic 12	G Larwood/T Gathercole
7-Jul	Vic 27 d Qld 10	T Sparks/A Morgan
	WA 20 d UI9 16	G Wills/R Stark
	Team USA 15 d SA 13	C Wilson/J Inge
8-Jul	WA 14 d SA 4	M Kean/S Rappucci
	UI9 d Qld 5	B Waite/J Hendow
	Vic 23 d Team USA 12	D Nicholas/C Tedeschi
10-Jul	Vic 15 d UI9 10	B Ross/T Cahill
	SA 28 d Qld 9	J Vorassi/B Mbag
	WA 16 d Team USA 11	G Leary/Mietta
11-Jul	SA 13 drew UI9 13	R Lawson/N Siglich
	WA 19 d Vic 12	N Roost/S Garnsworthy
	Team USA 20 d Qld 18	NA

1996 Lacrosse Allstars Team

Goal Keeper : Scott Garnsworthy (Vic)

Defence : Gerard Wills (WA), Steve Mounsey (Co-Captain) (WA), Greg Moore (Vic)

Midfield : Robert Lawson (SA), Peter Inge (UI9), Craig Everall (WA)

Attack : Chris Warren (WA), Scott Griffin (WA), James Inge (Co-Captain) (WA)

Alternates : Klay Johnson (WA), Robbie Stark (UI9), Kim Gillespie (WA)

Coach : Peter Cann (WA)

ALC Senior Championship Best and Fairest :
Scott Garnsworthy (Victoria)

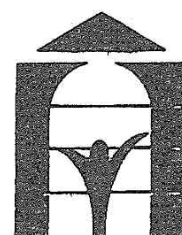
Senior Tournament Best and Fairest :
Darren Nicholas (Victoria)

1996 UNDER 17 NATIONALS

The 1996 Australian Under 17 Championships and Tournament were held in Perth. While the Victorian Seniors were not successful this year, their Under 17 counterparts were the dominant force in their competition as the results below show.



All smiles in the Victorian Under 17 Camp after the win in the final game.



**SPORTS
SCHOLARSHIPS
TO AMERICA?**

Contact the experts:

College Prospects of
America
PO Box 1, Beaudesert,
Queensland, 4285

Tel. (07) 5544 6400
Fax. (07) 5544 6544

1996 Lacrosse U17 Allstars Team

Goal Keeper : Sahnnon Halliwell (Vic)

Defence : Craig Schicker (SA), Marcus Civelse (Vic)
Lachlan Ross (Vic)

Midfield : Sam Akritidis (Vic) James Watson-Galbraith (WA) Steven Newell (Vic) Nathan Tuck (SA) Daniel Stiglich (Vic) Jack Hommelhoff (SA)

Attack : Leigh Perham (SA) Steven Goad (SA) Adam Waite (Vic)

Coach : David Joy (Vic)

Championship Best and Fairest : Leigh Perham (SA)

Tournament Best and Fairest : Richard Kunkel (USA)

SUMMARY OF RESULTS - Under 17

Day	Team1 v Team2	MVP(Team1/Team2)
7-Jul	Vic 18 d SA 13	C Schicker/S Halliwell
	WA 26 d NSW 6	L Arnold/S Ratcliffe
8-Jul	USA Allstars 27 d SA 7	A McGowan/K Swan
	Vic 36 d NSW 2	D Stiglich/D Tzirulnik
9-Jul	Vic 22 d WA 10	M Civelse/O Black
	USA Allstars 32 d NSW 1	A McGowan/K Swan
10-Jul	SA 21 d NSW 7	L Perham/S Ratcliffe
	USA Allstars 26 d WA 5	M Monfett/J Watson-Galbraith
11-Jul	Team USA 21 d Vic 11	R Kunkel/S Rogers
	SA 24 d WA 9	L Perham/J Watson-Galbraith
13-Jul	Vic 21 d SA 8 (Final)	

DISCOVER the SPEED OF LIGHT



Strike with
the speed of the Viper.
The lightest stick on the market,
the Viper takes the STX open high-
wall concept to its highest power.
Harder shots and faster stickwork are
what you'll get with the Viper—
a stick designed for top-level
play that is built on speed
and finesse.

VIPER
STX

STX

VIPER

TEST a NEW POWER SOURCE

D

Outmuscle
the competition with the
Dominator's powerful combina-
tion of strength and lightness. The STX
exclusive "Super-Slat" open sidewall
design provides lateral reinforcement
to achieve rugged stiffness without
sacrificing speed. The Dominator.
No other stick can match
its versatility.

DOMINATOR

STX

DOMINATOR

STX

STX
LACROSSE

Contact : Roger Attenborough, 35 Beulah Rd.
Norwood, S.A. 5067 (08) 363 1988, Mobile (018) 803 297

CROC ATTACK!

**AUSTRALIAN UNDER 19 MEN'S
LACROSSE TEAM
UNDER 19 MEN'S LACROSSE
WORLD CHAMPIONSHIPS
EDOGAWA, TOKYO, JAPAN 1996.**

In 30 degree plus temperatures and playing in front of reported 12,000 people, the Aussie Crocodiles have made an impact once again on the World Lacrosse stage.

Looking to emulate the feat of the Under 19 Women's team last year where against all the odds they beat the world, the Crocodiles, our best ever prepared side, took to the world stage. Here's how the Aussies went....

Sunday 4th August : Australia v USA

Before a crowd of 10,000 - 12,000, and temperatures in the high 30's, the Australians jumped the USA early, 4 - 1 only to succumb to the conditions and the powerful USA team 8 - 17.

Goalscorers for Australia: *Hamilton (3), Stark (2/2), Smith (2) and Roost (1)*

Best for Australia: *Taylor, Stark, Tokarua, Stiglich, Beuttner*

Tuesday 6th August : Australia v Japan

Smarting after a loss to the USA, the Crocodiles overwhelmed the host nation 29 - 6.

The team hunted and swarmed in packs causing many forced errors on the usually disciplined Japanese.

Main goalscorers for Australia: *Cleveland (4), Inge (4), James (4), Whitbourn (4), Waite (3), Hamilton (3), Smith (3 assists), Blunt (2 assists), A. Feleppa (2 assists).*

Best Players for Australia: *Whitbourn, James, Inge, Cleveland.*

Wednesday 7th August : Australia v Iroquois Nation

Another good team game for Australia playing the very popular Iroquois Nation. Australia comfortably defeated the spiritual owners of the game 24 - 8.

Goalscorers: *Blunt (4), Stark (4), Roost (3), Whitbourne (3), Jobson (2)*

Best Players : *Blunt, Waite, Stark*

Thursday 8th August: Australia v Canada

From the land where lacrosse has the official title as "The national sport", came the tough and exiting Canadians. In what was described as a "somewhat spiteful", Australia defeated Canada 16 - 11. Trailing 5 - 6 at the half, the young Aussies came out in the third quarter and threw 7 goals to Canada's 1.

Goalscorers for Australia: *Stiglich (3), Cleveland (3), Hamilton (2), Smith (1), Whitbourn(1), Roost (1), Waite (1), Toy (1), A. Feleppa (1), James (1), Inge (1).*

Best Players for Australia: *Stiglich, Inge, Stark, Hoare, Cleveland, A. Feleppa.*

Friday 9th August: SEMI FINAL Australia v Canada

For the second time in 24 hours, the young Crocodiles defeated the Canadians to advance through to the Championship Final against the USA. Half time saw Australia leading 7 - 6 and once again, the Australians had a 7 goal third term to go into the final quarter leading 14 goals to 9. The Canadians responded with a 5 goal last quarter but the game was sealed with goals by Hamilton and Whitbourn. The Aussies winning, 17 - 14.

Goalscorers for Australia: *Roost (3), Stark (3), Hamilton (3/2), Waite (2/2), Inge (2), Whitbourn (1), Tokarua (1), Ester (1), James (1), Cleveland (0/1), Stiglich (0/1).*

Best players for Australia: *Hoare, A. Feleppa, R Feleppa, Stark, Waite, Tokarua.*

Sunday 11th August : FINAL Australia v USA

The Australians performed exceptionally well in the final. Having beaten the Canadians, the only hurdle was the Americans. USA got the jump in the first quarter 4 - 2, but Australia trimmed that margin by 1 goal to trail 6 - 5 at the end of the first half. An exciting 3 goals all in the 3rd quarter, put Australia in with a real opportunity to win.

The powerful Americans however took over in the last quarter scoring 4 - 0, ending up winning 13 - 8.

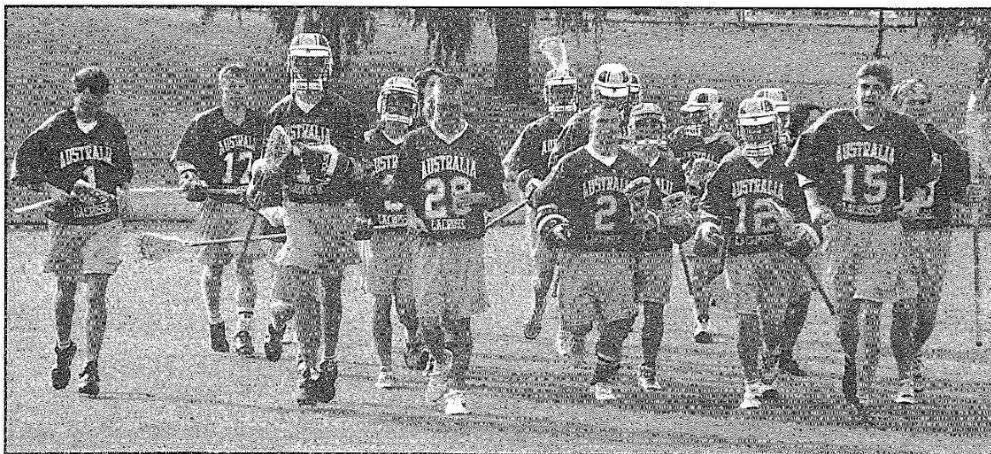
Goalscorers : *Waite (3), Fry, Blunt, Inge, Whitbourn, Stark* Best Players : *Inge, Cahill, Waite, Stark*

World 11 Selection

Australians selected were Robbie Stark, Lucian Hoare and Mark Cleveland.

Robbie Stark was also named midfielder of the Series, a great effort for Robbie.

Mike Slattery was named referee of the Series.



Further information will appear in the next edition of *The Lacrosse Player*.

*The Australian Under 19s
limber up the 1996 Nationals*

MRS JOYCE PARKER (NEE NEWHOUSE)

On Monday 1st July 1996, the Patron and Life Member of the Victorian Women's Lacrosse Association and Honorary Life Member of the Australian Women's Lacrosse Council, Mrs Joy Parker passed away peacefully after a short illness. With her passing ended a lifetime of devotion to both her family and lacrosse. Joy's history will remain in the annals of Australian lacrosse history for ever and as AWLC President Ms Fiona Clark said in her closing words of the Championship, "Victoria's win was a very befitting and timely tribute to the memory of Mrs Parker". Not so long ago, *The Lacrosse Player* included a feature story on Joy Parker, one of the great stalwarts of women's lacrosse. Mrs Parker became the first VWLA secretary in 1936 and after a recession due to the Second World War, reformed the Association in 1962 and was at the helm as President for 7 years. Believing that lacrosse must develop on a national scale, Mrs Parker then became foundation President of the Australian Women's Lacrosse Council and remained in this position for 3 years. In 1989, Mrs Parker received the highest accolade from the AWLC when she was awarded the inaugural Honorary Life Membership of the Council. Joy's life epitomised the love she had for lacrosse and although she will be sadly missed, her memory will remain as each and everyone of us continue the game that we so love.

Joy Clayfield (*Physio extraordinaire*) Honoured

For those of you have been around for a little while the name Clayfield will definitely ring a bell, and recently it popped up again in a newspaper article.

Joy Clayfield was recently presented with a Fellowship of Sports Medicine Australia, the highest Award of that Organisation.

The Award follows many years of service to sports medicine when in 1969 she joined the Caulfield Lacrosse Club as Physiotherapist. In 1972 she became the physiotherapist to the Victorian Lacrosse Team, a role she held until 1985. She was also Physiotherapist for Australian Lacrosse Teams which travelled overseas in 1976, 1978 and 1982.



Joy Clayfield

She was a lecturer at Lincoln Institute in Melbourne from 1975 to 1985. During this period she also played a significant role setting up the first Sports Medicine Clinic in Melbourne, and the Post Graduate Course for Physical Educationalists and Physiotherapists.

Joy and Ted moved to Mission Beach, Queensland, in 1986, and Joy established her own practice there.

Joy has also been presented with an Australian Lacrosse Certificate of Merit, and Life Membership of Caulfield Lacrosse Club.

WANTED

**IMAGE FOR 1997 AUSTRALIAN WOMEN'S LACROSSE TEAM
\$\$\$\$ PRIZE MONEY AWARDED \$\$\$\$**

Please forward art work to Shelley Maher, Director of Marketing and Promotions, 8/80 Darling Road, East Malvern, VIC, 3145 Ph H 9571 9989 or e-mail shelley@deakin.edu.au.

Photogenics

Portraits, Weddings
Old Photos Reproduced
Framing
Copies of Magazine Photos

For any of the Above Items
Contact: Lloyd Holmes on (03) 572 3035

THE DROUGHT IS BROKEN

Victoria: 1996 Australian Champions

July 6-13th, Perth

THE WEEK

The best women's lacrosse players in the Nation converged on Perth for the Healthways Australian Women's Lacrosse Council Senior Championships. Held at Light St, Dianella, the week promised a feast of fast, skilful match play with the added appeal of many old rivalries being renewed and new ones being established as the week progressed. South Australia came with the intention of claiming the Parker Cup for a record 12th year, whilst Victoria were determined that this year would see the changing of the guard.

Western Australia were keen to perform well in their home State, while NSW and Tasmania wanted to show that they were teams to be reckoned with in the future. After an extremely successful week, played in excellent lacrosse conditions, the initial rounds had been completed and the Mary Pickett tournament trophy was won, for the first time since 1992, by South Australia.

Some heart stoppers were played in these early rounds. South defeated Victoria by 1 goal in the opening match of the Championship. The result of this game was a reversal of past years with several rumours spreading that this had future connotations for the event.

Sudden Victory in the WA v NSW Game

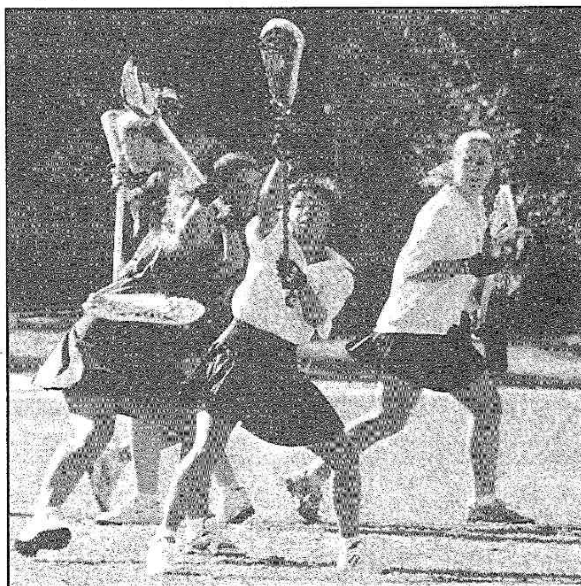
Unquestionably, the highlight of these rounds was the match between WA and NSW which saw a sudden victory play off required. After a deficit of 4 goals in the early stages of this match, WA clawed their way back, only to see a goal lead lost when Lydia Thomas scored within 1 minute of full time. After the initial 3 minutes, teams changed ends with no success. After another change and still no score from either side, sudden victory was played. With less than 10 seconds before another end change, WA Co-Captain Jacqui Forbes scored to give the memorable win to WA, 6-5.

As finals day dawned, talk centred around whether Victoria were in fact capable of beating the SA side. Would it be another record to SA or would Victoria see their name

engraved on the Cup for the first time since 1983? Was playing on home turf going to give WA that edge to defeat Tasmania? With a somewhat overcast sky, the finals day for 1996 began.

FINALS DAY

After being bridesmaid to South Australia in the Senior National Championships for a number of years, Victoria finally broke the Crow eaters stranglehold with a convincing 6-1 victory in the "gold medal" match. The best female lacrosse players in Australia did not fail to meet the expectations of spectators and supporters alike with a display of excellent stick skills and field speed which epitomise the components of our game.



Victorians on a roll in the 1996 Championships

Victoria were relentless in their pursuit of the long eluded Parker Cup and from the first whistle demonstrated their determination and focus towards a Final win. Coached by Jason Simpson, Victoria began strongly and playing positive attacking lacrosse, scored their first goal in the 5th minute. Scoring opportunities were limited after this initial Victorian success,

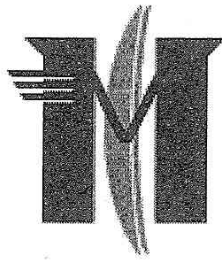
and both teams were unable to convert for a considerable time. South Australia equalised at the 12 minute mark with a flick, however, disappointingly for them, it was to be their only score for the match. Victoria immediately responded and

finished the half with two quick goals to lead 3-1 at the break. Mention must be made of Victorian goal keeper, Sue McSolvin whose performance was among the best afield all day. Undoubtedly, the score at half time could have been much closer if not for some characteristic saving on Sue's behalf.

After half time, a further inspired Victorian team emerged to find the back of the net 3 times in 8 minutes. Plenty of time remained for a come back from South Australia, (something that they have been renowned

for in the past), however Victoria had other things in mind. To South Australia's credit, the Victorian run on goals was stopped, however, by this time the damage had been done. With tired legs becoming apparent in the South Australian team, Victoria remained strong and led by Captain Margaret

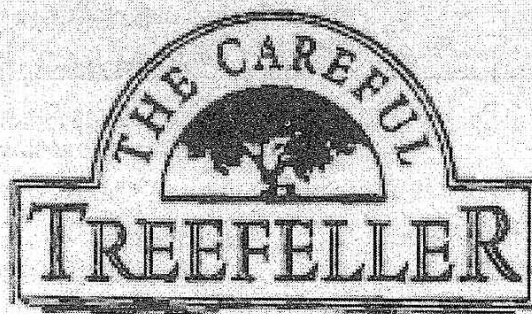
"After being bridesmaid to South Australia in the Senior National Championships for a number of years, Victoria finally broke the Crow Eaters stranglehold with a convincing 6-1 victory"



MELBOURNE COMPUTER CONSULTANTS

.....when you buy a computer from Melbourne Computer Consultants you get a system loaded with the best brands available; you get a reliable computer that is easily upgraded; you get a well presented computer that is designed to meet your individual needs, and, most importantly, you get the after sales service you want from your computer supplier.

*call Ritchie Toomey
for some down to earth advice.....
Phone 9873 8488 or 0412 34 0090 or
Fax request to 9873 8399*



Brad and Adrian Skepper

- * Tree and Stump Removal
- * Free Quotes
- * Fully Insured
- * Mulching Services
- * 100% Satisfaction Guaranteed

Contact: Brad (018) 306 196 or Adrian (018) 307 274

Barlow simply out ran the Crow Eaters. The triumphant Victorians proudly layed claim to the Joy Parker Perpetual Trophy at the presentation ceremony. This victory was bitter sweet as the Victorians had, after a battle with illness, lost their Patron and Life Member, Mrs Joy Parker, .

Goal scorers for Victoria were: Michelle Lincoln 2, Sue Gandy, Kate McLachlan, Sue Sofarnos and Shirley Ploog. Goal scorer for SA was Belinda Aird.

The match to decide third place was held between the host State team, Western Australia and Tasmania. In front of their home crowd, WA convincingly defeated the visitors from the apple isle 13-2 to proudly claim the "bronze" medal. The score did not indicate the quality of the game as Tasmania fought gallantly from start to end, yet they were certainly not prepared for the WA barrage of early goals, with 5 passing the goalie within the first 5 minutes. Tasmania had gone from strength to strength throughout the week and it may have been that by the final day of competition, they simply did not have those reserves to draw upon. Nevertheless this game was contested in the true

spirit of lacrosse and was especially enjoyed by WA
Goal scorers for WA : Terry Alaimo 4, Michelle Pratt 2, Liz Shields 2, Maree De Giambatista, Trudy Savage, Jacqui Forbes, Yvette Broffey.

Tasmania: Vanessa Barry, Andrea Fleming, Kirrily Baulch

SCORES:

Day 1 SA d VIC 6-5	WA d TAS 9-1
Day 2 SA d WA 10-3	TAS d NSW 6-3
Day 3 SA d NSW 12-1	VIC d WA 12-0
Day 4 VIC d TAS 9-1	WA d NSW 6-5
Day 5 SA d TAS 13-2	VIC d NSW 14-0

Finals:

1 v 2 VIC d SA 6-1
3 v 4 WA d TAS 13-2

Mention should be made of the fact that both the Victorian and Tasmanian team comprised of 3 sisters Michelle, Julie and Carol Lincoln, and Rachel, Shaned and Jo Page (nee Rees) which in itself is an achievement. Congratulations to both sets of parents- a very fine effort !!!!

Finally, congratulations must be extended to WAWLA, in particular to Championship Coordinator Robbie Watkins and her committee in staging such a successful and well organised event. Thankyou to Healthways

for sponsoring the event and also to the lacrosse community in the WAWLA. By now, we are all too well aware of just how many people are involved and just how much needs to be done to effectively and efficiently conduct such an event.

- Shelley Maher

Victorious Victorians in a jubilant mood



SA Competition Update

from the "Insider's" Desk.

MEN'S LEAGUE PREMIERSHIP TABLE(5/8/96)

Team	Wins	Losses	Points
Glenelg	14	3	28
West Torrens	14	3	28
Sturt	13	4	26
Woodville	11	6	22
NE Raiders	9	7	18
Burnside	3	14	6
Brighton	3	15	6

The Men's Competition sees a battle between the top four sides to secure the double chance in the finals.

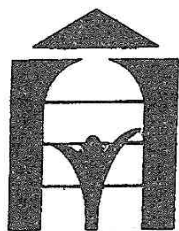
Glenelg have had the most consistent season, whereas West Torrens has been severely tested with the loss of such players as Shane Harley and Mark Buhagiar. They have demonstrated that they are very capable of handling pressure, coming home in some close games.

In the Women's Competition two sides Glenelg and Adelaide University have dominated all year. While Glenelg look very strong, Uni are still a force to be reckoned with, and will give Glenelg a run for their money in the finals.

Prediction for 1996 - Stingrays to beat Adelaide Uni, USA to beat Glenelg in Preliminary Final & a Glenelg win in the final.

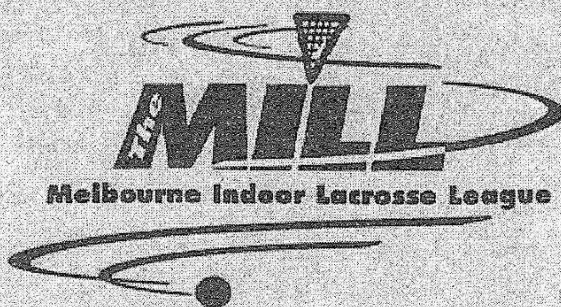
WOMEN'S LEAGUE PREMIERSHIP TABLE (5/8/96)

Team	W	L	Points
Glenelg	13	1	32
USA	10	3	27
Stringrays	5	7	17
Adelaide Uni	3	9	14
Sturt	1	12	10



SPORTS SCHOLARSHIPS TO AMERICA?

Contact the experts: John C Hocknull J.P. (Qual) Area Director
College Prospects of America (Australasia)
 PO Box 1, Beaudesert, Queensland, 4285
 Phone (07) 5544 6400 or Fax. (07) 5544 6544



PLAY
"THE MILL"
 NOW IN IT'S THIRD
 EXCITING YEAR

MONDAY NIGHTS INDOOR LACROSSE
ASHBURTON POOL AND RECREATION CENTRE
WARNER AVENUE ASHBURTON PHONE 9885 0333

- * NON CONTACT - TEAMS OF 8 TO 10 PLAYERS
- * GRADED FUN COMPETITIONS - NOVICE, MIXED, JUNIOR, SKILLED & VETERAN
- * 8 TO 10 WEEK SEASONS STARTING REGULARLY THROUGHOUT THE YEAR
- * \$3 PER WEEK INCLUDES MATCH BETWEEN 7 & 10PM AND FREE USE OF SWIMMING POOLS
- * FOR INFORMATION OR TO ENTER A TEAM
- *

CONTACT ROSS MELVILLE on 9885 0304 or ALAN OLSSON on 9885 8265

AWLC UPDATE

Life Membership Honours

At the recently held Senior National Championships in Perth, Honorary Life Membership of the Australian Women's Lacrosse Council were awarded to two very well known identities among Australian lacrossuers, Ms Fiona Clark and Mrs Janet Jackson. Both Fiona and Jan are most worthy recipients of this award, the highest accolade by the AWLC. Congratulations are extended from all members of the AWLC to both Fiona and Jan on receiving such a prestigious award. Your awards are truly well deserved !!!!!

fiona clark

Current President of the AWLC, Fiona has worked tirelessly for women's lacrosse, at club, State and national levels and also at international level for many years. Fiona has been a Past President of the WAWLA for 6 years and has held her current AWLC position since 1990. Prior to 1990, Fiona

was a State delegate on the AWLC. WAWLA Life Membership was bestowed upon Fiona in 1991. She is IFWLA Vice President, Tours and Tournaments, and has held this position since 1990. Fiona possesses the qualities of an exemplary leader and the AWLC are privileged to have such a high calibre person heading the sport.

janet jackson

Holding the position of Director of Officiating on the AWLC Board of Directors, Jan has similarly worked for women's lacrosse from club right through to international level and in fact has just returned from the IFWLA Annual Conference in USA (as has Fiona). Jan is currently President of the VWLA, a position she held previously for 3 years from 1984-1986, followed by a three year term as Secretary. Jan has acted as Director of Officiating

on the AWLC since 1989, and prior to this was a State delegate on the AWLC. Jan was awarded VWLA Life Membership in 1986. On the international scene, Jan has been an Australian delegate at IFWLA Conferences since 1990. Jan is well recognised on the field as an umpire and holds International accreditation. Jan has considerably raised the level of umpiring within Australia and continues to develop the quality and quantity of this vitally important component of the game.

AWLC Board of Management

The Board of Management was appointed for 1996-1997 :

♦	President	Ms Fiona Clark
♦	Director of Administration	Ms Betsy Graves
♦	Director of Finance	Mrs Fran Maunton
♦	Director of Competition and Special Events	Ms Sue Gandy
♦	Director of Officiating	Mrs Jan Jackson
♦	Director of Participation	Ms Jennifer Groman
♦	Director of Marketing and Promotions	Ms Shelley Maher
♦	Director of Coaching	Ms Wendy Piltz

The AWLC welcomes concurrently Jen Groman from NSW as Director of Participation and farewells Lydia Thomas. A change to Director's titles sees the Director of Development being replaced by the Director of Participation. The position of Director of Athlete Development has been removed and will be addressed under both Management and Participation. Betsy Graves remains on the Board and takes the position as Director of Administration. As such, all correspondence should be directed to Betsy at 42 Parkes Street, MANLY VALE, NSW, 2093. Ph: AH 02 9907 6250.

The AWLC are very willing to speak to anyone with issues that could be addressed at a national level. Please contact your State Association for direct access to the people listed above (or write directly to Director of Administration, Ms Betsy Graves- as above)

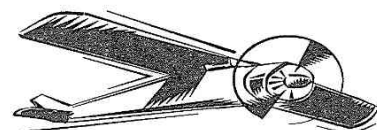
INCOMING TOURS :

Sherbourne

Sherbourne School from England will arrive in Melbourne on Tuesday 13 August 1996, and will stay in both Melbourne and Sydney on their visit to Australia. They are being hosted by schools and have arranged to play matches in both states. A welcome is extended to Sherbourne School and best wishes are given for a successful visit.

Japan

A Japanese University women's team will be touring Australia from 31 August to 21 September 1996. They will visit Perth, Adelaide, Melbourne and Sydney. The AWLC welcomes the Aoyama University team and hope their travels are filled with fun and experiences that they will remember for a long time to come.



ANKLES

The third in a regular series of articles on sports injuries by Travers Stow, our resident physiotherapist

Ankle injuries are amongst the most common of sporting injuries and although they can be extremely painful and lead to spectacular swelling and bruising, the majority cause no more than the frustration and inconvenience of a few weeks on the sidelines. Ankles are one of the few joints in the body that can be effectively strapped or braced without adversely affecting the basic function of the joint.

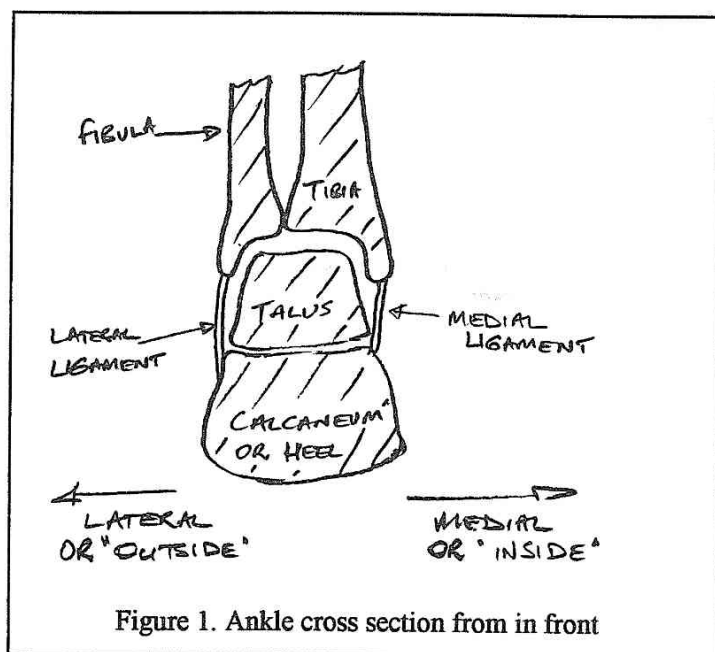


Fig 1. Ankle Cross Section from in front

Basic Anatomy

The ankle is the first in a chain of joints extending from the base of the leg through the midfoot and forefoot to the toes. These joints are collectively responsible for transmitting the propulsive forces generated by the large muscles further up the leg and accommodating the foot to match the terrain over which the athlete is running. If you envisage the action of the front suspension of a car travelling over uneven terrain you have a fairly good idea of what the ankle has to do.

Figure 1. shows a stylised view of the main elements making up the ankle joint. The two long bones of the lower leg (tibia and fibula) form a mortise into which fits the talus. The primary movement of the talus within the mortise is forward and backward (which roughly equates to pointing the foot and pulling it back).

This fore and aft movement is limited primarily by muscles and tendons around the joint. Secondary movement is possible in a side to side direction and it is this sideways play that enables the joint to accommodate uneven terrain. This sideways play is limited by the medial and lateral collateral ligaments.

How do ankle ligament injuries occur ?

When the talus is pushed sideways in the mortise beyond a certain point, strain will start to develop in the collateral ligament on the opposite side. Most ankle ligament injuries involve the lateral ligament as the foot turns inwards. If the strain is great enough the ligament will incur damage, with the worst case scenario being a complete tear. On the opposite side of the mortise, a compression injury occurs as the talus comes into hard contact with the nearby bone (Figure 2.)

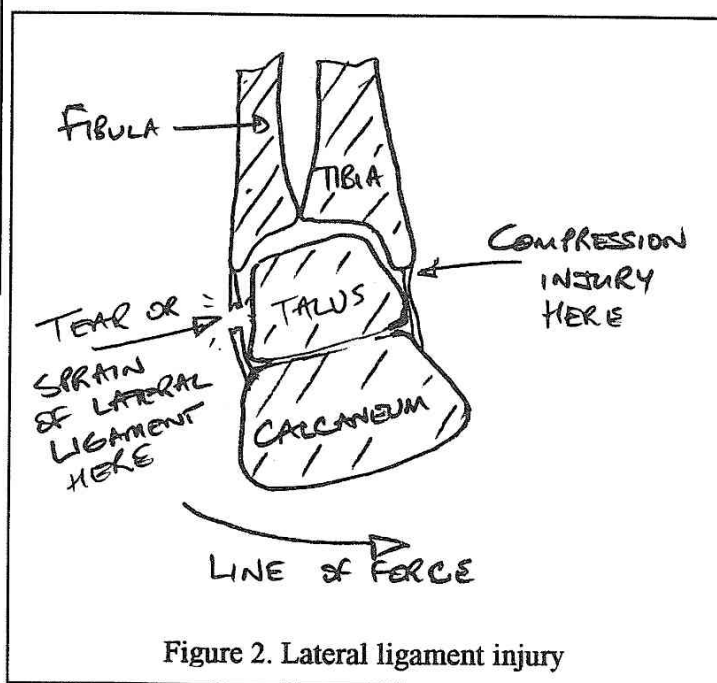


Fig 2. Lateral ligament injury

Most ankle injuries are accompanied by lots of pain and swelling and this can make them hard to accurately assess, with X-ray findings and instability being the main guides to severe damage. A full tear needs early surgical intervention, with injuries of lesser severity responding well to an aggressive approach to treatment and early mobilisation.

If you sustain an ankle injury, leave the playing field and follow the RICE routine. Get on to crutches and have the ankle assessed by a doctor or physiotherapist experienced in the assessment and treatment of sports injuries as soon as possible. Treatment and management after that will depend on the type and severity of the injury.

Prevention & management of ankle injuries

It is generally accepted that the best way to reduce the chance of an ankle injury is by strapping or bracing. As mentioned in the opening paragraph, ankles lend themselves well to this type of management, because it is possible to strap or brace to minimise extreme side to side movement, whilst still allowing the joint to move relatively normally in the forward/backward direction.

Strapping vs bracing

Up until a few years ago, strapping was the only real option available for injury prevention and required considerable amounts of expensive strapping tape (about \$5 worth of tape per ankle per time) and a skilled operator to apply it correctly. In the mid eighties an AFL club insisted that all players on the senior list had their ankles strapped prior to training and matches. That club's budget for strapping tape alone for the season was \$17,000 !

Studies carried out in the late eighties suggested that by about half time in a game, the tape had stretched and lost much of its original protective function.

*"If you do injure your ankle,
get a good diagnosis and
rehabilitation program and
stick to it"*

Over the last few years, several proprietary ankle braces have been developed which offer a number of advantages over strapping i.e. they ;

- don't require a skilled operator to apply;
- can be easily tightened mid-game; and
- last for at least a season for a cost of about \$40 - \$50 per brace.

The key to good ankle management can be summarised by the following points:

- if you have never had an ankle injury there is probably no need to get paranoid about strapping or bracing;
- if you do injure your ankle, get a good diagnosis and rehabilitation program *and stick to it*;
- if you are left with significant instability, or have a history of multiple sprains on the one ankle, use a brace; and
- if you end up using a brace, get your new boots or playing shoes *fitted with the brace on*.

Low Cost Internet Connections

Plans to suit the Individual or Business User
GET STARTED FROM ONLY \$10/MONTH

CYBERSPACE CORPORATION P/L

Tel: (03) 9887 4700

Fax: (03) 9887 2756

Email: enquiries@cyberspace.net.au

Web Site - <http://www.cyberspace.net.au>

VICTORIAN LACROSSE

Lacrosse in Victoria is coordinated by the Victorian Lacrosse Association - men's lacrosse, the Victorian Women's Lacrosse Association - women's lacrosse and Lacrosse Victoria - promotion & development.

VICTORIAN CLUBS & CONTACTS:

Alphington	018 317 991
Altona	9397 5387
Camberwell	015 434 456
Caulfield	9560 5894
Chadstone	9546 8492
Diamond Valley	9434 3309
Doncaster	9842 7357
Eltham	9434 7603
Footscray	9743 7280
Knox	9762 8827
Malvern	018 311 077
MCC	9391 6737
Melbourne University	9347 6237
Newport Ladies	9391 9520
Surrey Park	9878 4384
Williamstown	9391 8055
Williamstown Women's	9397 5230

Ashburton Indoor (MILL) 9885 0333
Box Lacrosse 015 865 097

LACROSSE VICTORIA INC
13 Willesden Road Oakleigh 3166

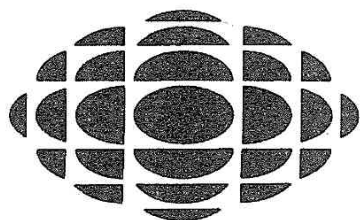
phone: 03 9569 9655

fax: 03 9563 3504

email: laxvic@ais.com.au

Web Site -

<http://www.ais.com.au/lax/laxvic1.html>



**SPORT AND
RECREATION
VICTORIA**

*To play the game
you need the gear.....
to get the gear, you need*



the Lacrosse Shop

13 Willesden Rd Oakleigh 3166, Vic Aust
phone: 03 9569 9655 fax 03 9563 3504

email: laxvic@ais.com.au
ring for an appointment

a LaXViC gig.

1996 MASTERS COMPETITION

Ken Read reports on the 1996 Masters Final in Perth. Self Run Games

"After a necessary lay day following the Fellows dinner, the 1996 Masters gathered at 8.30am at Floreat Oval, Perth, to compete in the traditional pre-finals Masters Game.

Mark Hickey had organised a great get together for the twenty or so players braving the early start in what was to be a close contest throughout.

Spectators were surprised to witness a game played without an official, no referee, no scorer or timekeepers. Needless to say the game ended in a draw!

The Masters were delighted to have Bob Ramsay participate and supply some lovely assists to the Blue Team's scoring players. Bob, newly appointed Life Member of the WALA did not score a goal in this match which he stated was totally due to the excellent defence of the White Team [Ken Read and Ian Toy totally agreed with him]. The game was, as usual, played in great spirit with

wonderful skills moving the ball with speed and accuracy which is fortunate considering the reduction in most Master's body speed.

We all hope to meet again in Adelaide 1997." Ken Read

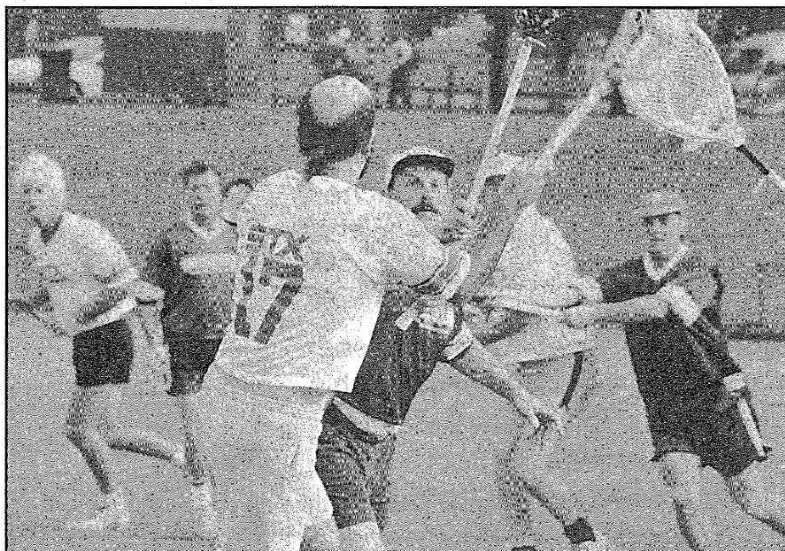
Post script (Lloyd Holmes) Self Run Games ----- Are referees redundant?

"It was an amazing sight I kept on looking for who was

controlling the game, and there was no one in sight. It was being controlled by the players! It would be a nice role model for State home and away games, but it was the spirit in which the game was being played which was impressive.

Listening to the encouraging remarks from the players, like "fast break", bought a smile to some of the spectators when they viewed the action.

All mirth aside, it was good to see the older stars had not lost the skills from earlier days, even though their pace has slowed a little."



Dave Sears ready to pass off, Ross Turnbull ready to block

Below :

Rear : Ian Toy, Bob Tailor, Bob Ramsay, Malcolm Stokes, Ross Turnbull, Bill Willcock, Steve McCrae, Don Koskin, Tom Lennox, Rob Taylor

Front : Ken Read, Mark Hickey, Eddie Caulfield, Chris Milne, Mal Howe, Dave Sears, Dennis Holman

Absent : Don Rudderham, Roger Smith, Vic Osborne, Glenn Farr, John Mathwin, Gary Kenedy, Ken Stratton, Craig Treloar

1996 Masters



VIC WOMENS STATE LEAGUE 1996

Banditos, Hurricanes, Foxes, Flames, T.N.T. and the X Factor will be heating up Treyvaud Reserve in Chadstone every Sunday through August. What is shaping up as the hottest competition in the land had over 100 players enter the "draft".

With a diverse complement of players from all VWLA grades and playing experiences, Maree Costello, Greg Mollison, Michael Orr, Denis Trainor, Max Madonia and Arnold Porter, the six State League coaches, drafted the six teams under the supervision of Lacrosse Victoria.

What impact this competition will have is yet to be seen with a second season played in the summer inevitable.

The Women's State League would like to take this opportunity to thank it's corporate supporters...

The Lacrosse Shop

Auscrosse

Tint-a-Car

Windscreens O'Brien

Image Works

The State League would also like to thank...

VWLA

Sue Sofarnos

Tania Orr

Kris Palmer

Anne Faulks

& Greg Mollison



..... and Caulfield takes their first flag for 12 years

Under 16 - Newport Undefeated all Year

A Reserve - Eltham 3rd in a Row

★
★ ***AWLC Fairest and Best*** ★
★ A Grade *Kate McLachlan (Newport)* ★
★ A Reserve *Tina Webster (Eltham)* ★
★ B Grade *Sharon Matheson (Altona)* ★
★ *****

B Grade - Williamstown a Class Act

The B grade final was played between Williamstown and Newport. This match enabled Williamstown to reverse the result of the U/16 Grand Final. Williamstown proved that they were too good for Newport, holding the Newport side scoreless in the first half taking a 4 goal to nil lead at half time. Newport came out stronger in the second half and were able to score 3 goals to give the Williamstown side a bit of a scare. Williamstown showed their class running out winners 9 -3.



*A very jubilant Caulfield Team celebrate
after their win over Newport*

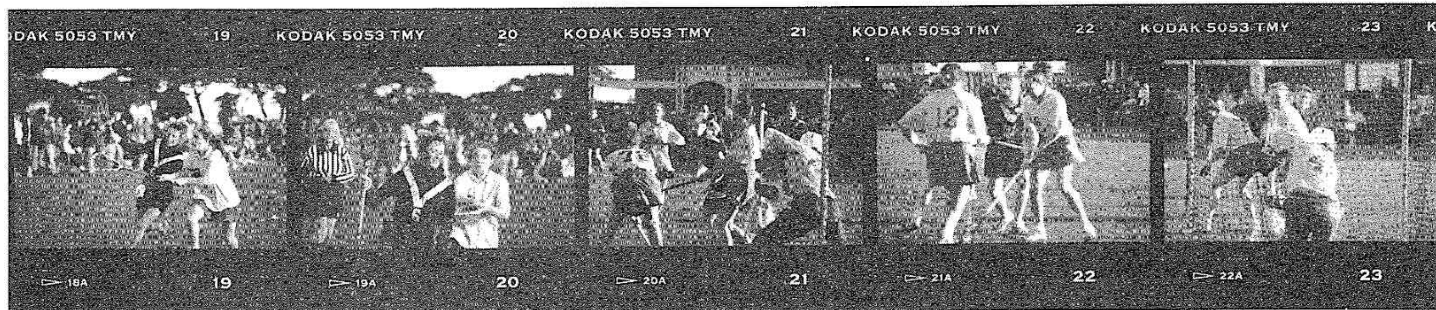
A Grade - Caulfield - Newport finally brought to Heel

The A grade final was expected to be close with Newport and Caulfield having drawn their last match of the season. Newport wanting to make four premierships in a row. Caulfield wanting to win their first A grade final since 1985, and avenge their 1-9 loss in last years final. With both teams evenly matched it was a final that could have gone either way. Newport fought out a tight first half neither team able to gain the upper hand at the half time break with scores level at 2 all.

The second half saw Caulfield take a 2 goal lead with goals to Melinda Scott and Michelle Lincoln. Carly Smith was able to score a goal for Newport with an assist from Marg Barlow to take them within a goal of Caulfield. Sue Sofarnos then scored the equaliser for Newport with an excellent under arm shot. Caulfield and Newport were unable to break the deadlock which then saw the match go to over time. With both sides having possession in the extra time Caulfield were able to score through Melinda Scott to win a most exciting final 5 goals to 4.

We can only hope that next years final is of such high quality lacrosse that we saw this year. *- Anne Kingston*

Below : Some of the scenes at the 1996 AWLC Grand Final



**V F TRAINOR
& SONS
Pty. Ltd.**

**30% TRUE DISCOUNT OFF
RETAIL FOR ALL LACROSSE
PEOPLE**

**TRAINORs has been supplying
Jewellery, Giftware and Trophies
for over 50 years to discerning
people.**

**Let us look after *your*
special needs.**

ENQUIRIES

**Denis Trainor
289 Flinders Lane,
Melbourne, 3000**

**TELEPHONE
(03) 9650 2129**

**NOEL MELVILLE
& ASSOCIATES
PTY. LTD.
CERTIFIED
PRACTISING
ACCOUNTANTS**

**Established 35 Years
37 Sunhill Road
Mount Waverley 3149**

**Don't be "offside" with
your business/tax
matters.**

CONTACT ROSS or NOEL

**TAXATION ADVICE &
PREPARATION
ELECTRONIC LODGEMENT
BUSINESS & MANAGEMENT GUIDANCE
BUDGET, FINANCIAL PLANS &
APPLICATIONS
RETIREMENT & SUPERANNUATION
PLANNING**

**TELEPHONE
(03) 9807 0077
FAX
(03) 9888 1124**

Terry Allington VLA Golf Legend

Terry Allington - Recognition for his VLA Golf Day Efforts

by John Nolan

Terry Allington has organised virtually every one of the 21 VLA Golf Days held at various courses AND it is because of Terry's organisational skills and enthusiasm that the event has grown from a handful to consistently exceeding 70. This sort of activity is another important one for keeping lacrosse people together, and to keep their interest in the sport.

The 21st Golf Day was held at Rosedale Golf Club in November 1995 was (as usual) a very successful and pleasant day, and culminated in the renaming of the VLA Cup to the Terry Allington Cup.

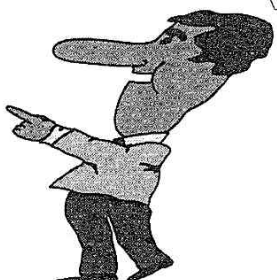
I am sure all that have known Terry for many years would agree that he is a "living legend" of the game. Having played the game for many years, he then moved on to coach very successfully at international and State level. He is a very capable administrator, a lacrosse historian and of course a referee assessor for over 20 years.

Terry received a golf bag in recognition of his contribution to the organisation and success of the day, and a standing ovation from all grateful participants.

Special thanks must also go to **David Hanna** of Aylesbury Products for his generous assistance with respect to the award to Terry. **Ayslebury** is also a supporter of *The Lacrosse Player*.

I am sure I speak on behalf of all past and present attendees of the VLA Golf Day in thanking Terry for his many years of outstanding organisation to develop the VLA Golf Day to what it is today, congratulate him as a worthy recipient of his Award, and trust that he will continue to organise in the future what has become a "MUST" in the Lacrosse Calendar.

OPINION mid year redraw/majors and minors



This year has seen significant changes in the organisation of Men's lacrosse in Victoria. The mid season change to major and minor draws certainly appear to have worked if the closeness of games at all levels is any gauge. Surely it is more interesting for players and spectators alike to have close games.

Whilst there may have some organisational lessons to be learnt, the organisers must be congratulated for the initiative.

MCC LACROSSE CLUB COACHING POSITIONS

MCC LC is seeking applications for State League and Division 1 Coaches for 1997 Season. Applications including resume, references to be sent to :

Harry Economou, 287 Douglas Pde, NEWPORT 3015

Applications close 31 October 1996

22ND ANNUAL VLA GOLF TOURNAMENT ROSSDALE GOLF CLUB

Date : 14 November 1996

Events : VLA Cup, Calloway, Stableford, Secret Holes, Putting, Nearest Pins, Longest Drives, Best Gross Scores for Non-handicap Golfers

Hit Off Times: 8-9 am

Address : Rosedale Golf Club, 1st Avenue, ASPENDALE (Melway 92 K9)

Dress : Collared Shirts, Correct Golf Shoes
(No jeans or shorts-shorts)

Registration : VLA Members & Friends have until Saturday 9 November 1996 to enter



Name : _____
Phone : _____ (H) _____ (H)
Golf Club : _____
Handicap : _____

Please complete and send by Saturday 9 November to :

Mr P Humphreys, 370 Hawthorn Rd., CAULFIELD STH 3162
(Phone : 9528 2672 B)

Mr T Allington : 21 Village Dve, DINGLEY 3172
(Phone : 9551 2871)

A SATURDAY (Lacrosse) REFLECTION

by John Harris

The title above is about as pompous as it can get. It conjures up a gathering of old gentlemen with thinning hair, sitting around in leather armchairs, sipping port and discussing the fine detail of rules, and the game which was played a few hours earlier.

OK, OK, the old and thinning hair fits, but being reflective either at a match or Saturday evening doesn't. The reflective bit usually comes late at night when there are a few spare hours to closely think about a few fine points.

At present I am trying to be very careful about unnecessarily complicating rules. Having done the homework (on rules) the outcomes are usually discussed at referees meetings, often with explosive results!

The following interpretations for Victoria have been discussed twice presented in written form and are consistent with the rule book.

(1) COMPLETING PENALTY TIME DURING A STALL

Once a stall has been called under the conditions of Rule 62 it remains a stall except for the conditions outlined in Rule 62.4.

The release of a player from the penalty area does not remove the stall situation if the player is on the team originally called for stalling. This sentence implies much and should be clarified a little.

A team cannot be called for stalling if they have less players on the field than the other team. So if a team is in attack and there is a player from either team in the penalty box at the time the

stall was called, when a player from the attacking side is released the attacking side is one up and the stall situation continues. The stall doesn't continue if a player from the defending side is released.

(This decision was reached by common agreement with the majority of referees in Victoria. As it turns out I have a concern that this unnecessarily complicates the game but obviously the need to be consistent far outweighs variations on a minor issue.)

(2) FEEDING THE BALL BACK INTO THE CREASE BY A GOALKEEPER

Any player may feed the ball back into the goal crease. The conditions of Rule 49 still apply.

(3) LEVERING AS A DEFENSIVE TACTIC

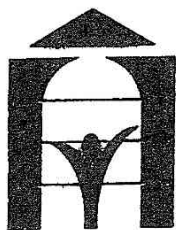
Checking an opponent by placing the crosse between the body of the player controlling the ball (with the ball in his possession) and levering is sometimes used as a defensive tactic.

A player may not 'lever' another player's crosse or body, and the call is holding under Rule 55.2. 'Levering in this instance is defined as putting a crosse in between the body and handle of the ball carrying player and levering rather than cleanly checking.

Thirty second technical, slow whistle procedures apply.

Interpretations - the full story

The full text of how these interpretations were determined is available on request. Simply call me on (03) 9742 4797, leave your name and address, and the five pages of excruciating argument will be mailed to you at no cost.



SPORTS SCHOLARSHIPS TO AMERICA?
Contact the experts: John C Hocknull J.P. (Qual) Area Director
College Prospects of America (Australasia)
PO Box 1, Beaudesert, Queensland, 4285
Phone (07) 5544 6400 or Fax. (07) 5544 6544

9TH ANNUAL PARADISE LACROSSE TOURNAMENT

11-13 October 1996

BROADBEACH SOCCER CLUB, BROADBEACH

For details Phone Ray Trevaskis (074) 958501

BRINE DIRECT SALES

1a Trade Place, Vermont. Vic. 3133.

Telephone : (03) 9872 3688 Fax : (03) 9872 4810 E-MAIL brine@ais.com.au

1996 Price List

1st March, 1996.

LACROSSE STICKS

MENS

Edge - (Mesh).....NEW	\$110.00
OSZ - (Mesh).....NEW	79.00
Magic - M1 (Mesh).....	71.50
Magic - MD (Mesh).....	86.00
Magic - MX (Mesh).....	71.50
Air Attack - (Mesh).....	74.50
S/Light 2 - (Mesh).....	62.50
S/Light 2+2 - (Mesh).....	62.50
Shotgun - (Mesh).....	62.50
Ultra-Light - (Mesh).....	62.50
Twinefinder - (Mesh).....	55.00
Trad. Strung.....Add	7.00

Goalie Sticks:

Wall - (Mesh).....NEW	\$ 94.50
Shutout - (Mesh).....	93.00
Trad. Strung.....Add	8.00

Modified Lacrosse:

Wave - (Mesh).....	\$ 38.50
Jnr Flex - (Mesh).....NEW	42.00

WOMENS

Brine Cup - (Trad).....	\$ 69.50
Netfinder - (Trad).....	69.50
S/Light 2 - (Trad).....	69.50
Magic - MX (Trad).....	78.50
Air Attack - (Trad).....	81.50
OSZ - (Trad).....NEW	86.00

(M1 * MX * Not approved for Womens centre)

All Prices Include Handles....

LACROSSE HANDLES

32" Alum. Attack.....	\$ 22.00
32" Aircraft Alloy.....	43.50
32" Quadrax/Kevlar.NEW	120.00
32" Graphite Attack.....	40.00
32" Hickory Attack.....	35.50
40" Alum. Goalie.....	25.50
58" Alum. Defence.....	35.50
58" Aircraft Alloy.....	66.00
58" Hickory Defence.....	43.50
58" Quadrax/Kevlar.NEW	195.00

STRINGING KITS

MPK - Mesh Kit.....	\$ 19.50
TPK - Trad. Kit.....	21.00
MPKG - Goalie Kit.....	29.50

LACROSSE BALLS

LBW - White Ball.....	\$ 4.00
LBO - Orange Ball.....	4.00
LBV - Yellow Ball.....	4.00
KUSEL - Match Ball.....	5.50
WB - Modified Ball.....	3.50

LACROSSE SHOES

Iroquois - Low Cut.....	\$ 85.00
Mohawk - Mid Cut.....	90.00
Navaho - High Cut.....	95.00

LACROSSE HELMETS

SPORT HELMETS

SHC - Cascade.....NEW	\$155.00
SHU - Snr. Ultralight.....	130.00
SHUY - Youth Size.....	130.00
SHUBC - Snr - Classic.....	140.00
SHUB - Boys Helmet.....	120.00
SHUW - Womens.....	120.00
SH1 Standard Model.....	90.00
Standard Chin Strap.....	12.00
Deluxe Chin Strap.....	17.00
Helmet Decals.....each	0.50
Team Decal & Nos.(1 Col).	2.00
Team Decal & Nos.(2 Col).	4.00

GOALIE BODY PADS

BP3 - Jnr. Body Pad.....	\$ 45.00
BP4 - Yth Body Pad.....	47.00
BP7 - Snr. Body Pad.....	49.50
GBP - Deluxe Pad.....	78.00
TPP - Throat Protect.....	9.50

LACROSSE RIB PADS

RPL - Senior Rib Pad.....	\$ 36.00
RPS - Junior Rib Pad.....	31.50
RPBB Snr Rib/Back Pad...	54.00
RPBB Jnr Rib/Back Pad....	54.00

LACROSSE GLOVES

L10 - Boys Gloves.....	\$ 49.50
L25 - Youths Gloves.....	63.00
L35 - Mens Gloves.....	86.00
L33 - Mens.....NEW	87.00
L30 - Mens Gloves.....	88.50
UFG750 Snr. Gloves.....	67.50
UFG650 Jnr. Gloves.....	53.50
WA35 Wrist Attach.....	12.00
WLG - Womens Standard..	32.50
WSG2 Womens Deluxe....	42.00
WWSG Womens (Washable)	42.00

LACROSSE ARM PADS

LAP4 - Clip-on Pads.....	\$ 73.00
LAPL - Long Foam Pad....	23.50
LAPS - Short Foam Pad....	20.00
LAPM - Jnr. Foam Pad.....	22.00
SAG2 - Snr. Pro Pad.....	45.50
SAG2J - Jnr Pro Pad.....	42.00
RAG - Snr Dlx Arm Pad..	54.00
RAGJR - Jnr Dlx Arm Pad	54.00

SHOULDER PADS

SP9 - Vinyl Dipped.....	\$ 47.00
SP9 - Cloth Covered.....	41.00
FP1 - Flex Pivot.....	62.50
FP2 - Flex Pivot Dlx.....	75.50
FP1J - Flex Pivot Jnr.....	57.50
SP4J - Junior Model.....	46.00
SP4R - Reg. Model.....	47.00
SP4L - Large Model.....	48.50
SP35J - Junior Model.....	46.50
SP35R - Reg. Model.....	48.00
SP35L - Large Model.....	49.00
SP35D - Large Model Dlx.	52.00

GOAL NETS

NLN5 - Heavyweight Nets	\$350.00
NLN2 - Lightweight Nets..	175.00

LACROSSE BAGS

CTB - Large Canvas.....	\$ 70.00
CIB X/Large Canvas.....	90.00
CMB Mega Size Canvas..	110.00

All prices plus freight & handling charges if applicable, for shipment anywhere in Australia.

Freight charges average \$9.50 for all Interstate orders and \$5.00 for deliveries in Melbourne.

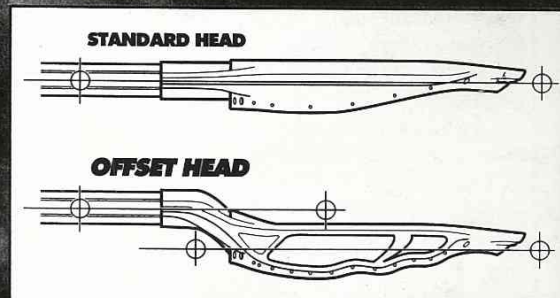
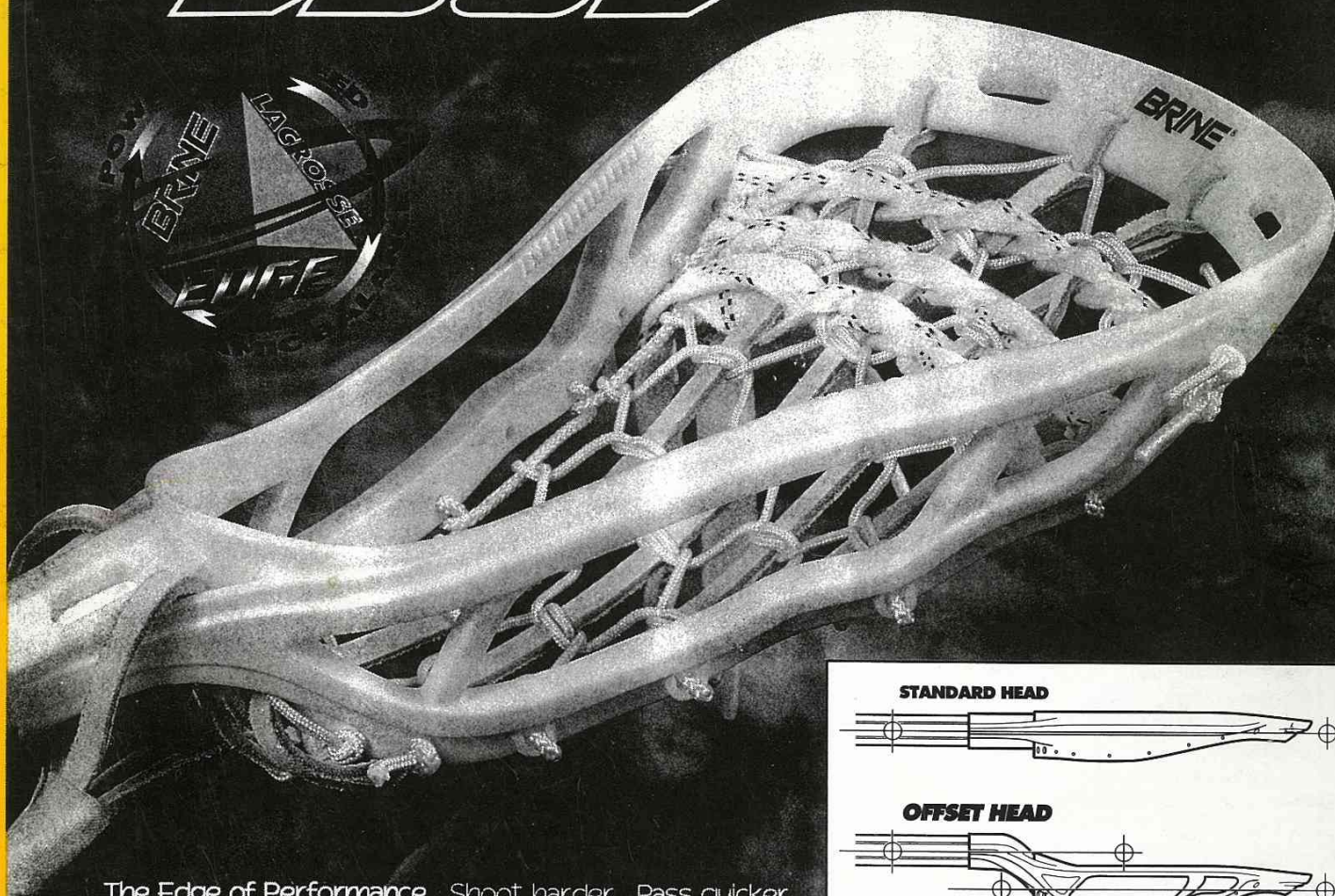
Small orders can be posted for \$2.00 or \$3.00 per parcel. Phone or Mail Order available.

Trading Hours: Mon. - Fri. 9am - 5.30pm Sat. 9am - 12 noon

BANKCARD - VISACARD - MASTERCARD ACCEPTED

BRINE - "The Power Behind The Game"

GET THE EDGE™



The Edge of Performance. Shoot harder. Pass quicker. Scoop, cradle and catch like a magnet. The Edge puts breakthrough technology into your hands to improve your game.

The Edge of Technology. As soon as you pick up The Edge, you'll feel the difference. Dynamic balance makes The Edge naturally return to the face up position and ready for action, so you can keep your eye on the game instead of your stick.

New design also keeps the ball in the pocket longer during your release so you get more shaft energy into your shot. Result? Increased control and more power. With its off-center pocket, The Edge is lower to the ground so you'll scoop balls and passes more easily with less bending. The less you bend, the faster you move.

The Edge of Excitement. The Edge sports the most radical lacrosse technological advancements in 30 years. Make your move and gain the winning edge by putting The Edge in your hands.

Only one company can give you The Edge.

....and in Australia that Company is:
BRINE DIRECT SALES
 1a Trade Place, Vermont. Vic. 3133.
 Telephone: (03) 9872 3688
 Fax: (03) 9872 4810
 E-MAIL: brine@ais.com.au

BRINE®